

FREE

MAY 2010

the *Hummm*

ARTS, ENTERTAINMENT & IDEAS



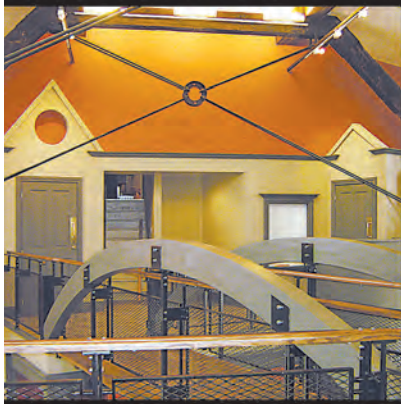
May's Events 20 & 21



Hanging Around the Valley 15



MVTM Celebrates 25 Years 13



Station Theatre Opens 18



The Art of Isidora Spielmann page 3



The Outdoors Beckons...



Valley
DESIGN CO.
22 Lake Avenue East, Carleton Place
257-1197
www.valleydesignco.com

ARTBEAT

by Bill Buttle



"I didn't know they MADE a mute for bagpipes!"

CPHS "Bears" It All

On Wednesday, May 5, at 7PM, Carleton Place High School will host a **talent show** featuring dancers, singers and guitarists, among other talents from the school. This event is open to the public, encouraging the community to recognize and support our young stars. The admission charge is \$3, or \$2 with a non-perishable food item for the Lanark County Food Bank.

The event will showcase two hours of talent with a brief intermission, during which there will be baked goods and drinks available for sale. All the proceeds from this event will go to Students' Council as well as the school's music program.

Many students are involved with putting on the show, not only in performing but also behind the scenes. Stuart Ferguson, the Social Director on Students' Council, has volunteered his time to work with teacher Tom Joron to set up the technical side of the event.

Rindi Piepers and Ryan Forsyth, students of CPHS as well as the hosts for this event, are highly anticipated by the students and are expected to provide a portion of the night's entertainment.

Emily Brosseau is in charge of the posters around the school to advertise the auditions as well as the talent show itself.

In addition to the huge contributions from staff and students, Brad Mills, the music teacher at CPHS, has put his heart and soul into making this happen, as he has for all of his musicals, concerts and shows for the past 26 years.

Judges are being chosen from the community in order to determine the winners. Brent King, from SRC Music, Andy Bowes of the Bowes Brothers, and Jim McGregor from the Mississippi Mudds will bring together their knowledge of music, singing and dance to assess the overall presentation of each performance.

The first place winner will receive \$100, followed by \$50 for second place and \$25 for third. A cash prize of \$50 will also be awarded to the winner from the elementary schools, who were invited to take part.

Displaying a variety of talent from singing to tap dancing, accompanied by music from Beyoncé to the Beatles, Oasis to an original rap, the show is sure to hold something for everyone.

— Joy Affleck is a student at CPHS



(above) Dale and Ellen Burnell of Hopetown spent two weeks in South Korea in May of 2008 visiting their daughter Melanie and Jae Cheol who live in Ulsan. Melanie has lived there for four and a half years teaching English. Here are Dale and Melanie in front of Bulguksa Temple that was built 1500 years ago in Gyeongju, South Korea. It was truly an amazing trip through beautiful mountainous country.

(below) Michael Dunn of Almonte writes: Here is a picture of my mother Marie Dunn and my sister Angela, who lives in Heidelberg, Germany. Marie and another sister, Mary Ann traveled to Heidelberg in mid-May (2008) to visit Angela and her family. Now Mom is talking about a visit to the City of Lights!



Humble Thought

There's an *Art* to art...

— Steve Scanlon (on page 26 of this very issue...)



PO Box 1391
Almonte ON K0A 1A0
Phone: (613) 256-5081

Editor:

Kris Riendeau
editor@thehummm.com

Layout and Design:

Rob Riendeau
rob@thehummm.com

Advertising and Promotions:

Kris Riendeau
Phone: (613) 256-5081
kris@thehummm.com

Asst. Editor / Calendar:

Rona Fraser
calendar@thehummm.com

theHummm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Lanark, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

Submissions

may be submitted by email or on disk.

Deadline

is the 22nd of the month prior to publication.

Subscriptions

cost \$30 for 1 year (12 issues). Send a cheque with your name and address to:
theHummm
PO Box 1391
Almonte ON K0A 1A0.

Opinions and information published in *theHummm* in letters, press releases, or individual columns do not necessarily reflect the opinion of this newspaper.

All writing, artwork, and photographs published in *theHummm* are copyright to the author, or to *theHummm* in the case where no author is specified. Reprinting any content without permission violates copyright and is prohibited (and despicable!).

Thanks this month to:

Kevin Burns and those fabulous folks at Performance Printing for making us look so good each month (among other things)... Also many thanks to Joffre Ducharme for becoming our new Smiths Falls correspondent!

Harwig Heritage

Carpentry
Neil Harwig 613-256-4798
cell: 613-715-3802
www.harwigheritagecarpentry.ca

THANK YOU TO OUR SLAM SERIES 2010 SPONSORS:

- CP Cinemas "A Family Affair"
- The Miller's Tale 52 Mill St., Almonte 256-9090
- grind by Couits Coffee Perth Old Shoe Factory 1 Sherbrooke St. E. 613-264-3330
- umblebees Timeless Treasures 17 Albert St. Carleton Place 613-257-7093
- N. Alan Jones ATTORNEY 613-257-3811 92 BRIDGE ST. CARLETON PLACE
- Angela Johnstone Sales Rep Direct: 613-227-2869 Office: 613-253-4253 X244
- Brenda MacDonald-Rowe Broker Direct: 613-913-9915 Office: 613-253-4253 X123

LIVE POETS SOCIETY
PRESENTING SLAM SERIES 2010

- Monday, May 17th CP Cinemas Carleton Place 17 Albert St. Featuring Ottawa's fabulous and funky Festrel!
- Friday, June 4th The Factory Grind Perth 1 Sherbrooke St.
- Saturday, July 17th CP CPHS cafeterium Carleton Place 215 Lake Ave. W.

Visit LiPS on Facebook or email lanarklips@hotmail.com

No Straitjacket for Isidora Spielmann

Isidora Spielmann cannot be pinned down or hemmed in. This Master Tailor started expressing an emphatic opinion about what she wore when she was two years old. By the time she was twelve, she was hand-sewing clothes

by Sally Hansen

for herself. "It made me physically unwell to wear the things my mother tried to put on me," she recalls, "and I can't stand 'sensible' shoes — comfortable, yes; unaesthetic, no."

Funky Classic

Today her line of individually designed and tailored clothing elicits a description of funky classic. It comprises, as her website asserts, "Simply gorgeous jackets and coats...Tailored clothing that is elegant and intriguing with timeless lines, fabrics with rich textures, deep colours. The human body is the sculpture that I clothe, highlighting its beautiful lines, while adding another dimension." To my eye, that other dimension is creativity expertly executed with originality.

Born and raised in Vienna, Austria, Spielmann graduated from the National Academy of Fashion Design as Master Tailor in Haute Couture. She paid her dues throughout the process, working as a "journeyman" in two haute couture shops. She remembers assignments like painstakingly sewing hand-rolled seams along seven metres of silk for a particular gown. She remembers, too, how she developed her expertise in sewing buttonholes. Every Monday in school she had to produce five hand-sewn buttonholes. At first it took her 35 minutes for a single buttonhole. By Christmas, she was down to 6½ minutes. That was be-

cause the penalty for being late or talking in class was five more buttonholes.

No Straight Jackets

It was the four hours a week of pattern design instruction that held her attention. Isidora is gifted with a marvelous spatial visualization ability; she can look at a three-dimensional object (a female form, for example), conceive a garment that complements and flatters that form, and translate it into a two-dimensional paper pattern. Add to that a wonderful sense of colour, an educated appreciation of fabrics, a finely-honed expertise in sewing and voilà! — simply gorgeous jackets and coats.

No Straitjacket

After finishing school, Spielmann left Vienna and went to Israel to work on a Kibbutz. The reality of employment by the entrenched high fashion houses in Europe meant that she would "have to wait for somebody old to die so I could get a job." After three months she secured a job with a new design house in Tel Aviv where she was hired as a pattern maker. Isidora soon became the liaison between the designers and the seamstresses because of her ability to translate

vision into practical execution. When she decided to return to Europe, she obtained a similar position in Germany where she worked for another year.

Young and adventurous, Isi accepted an invitation from a Canadian friend from Toronto whom she had met on the Kibbutz. The call of the wild was irresistible. When she was invited to attend a wedding in Wemyss, a tiny hamlet west of Perth, the prospect of "living in the forest" seduced her and, in 1981, the welcoming arts community in Brooke Valley opened their arms to her. Sharon Swanson needed somebody who could sew to help her produce her quilts and vests. Within a year Spielmann was designing and selling her own work. Over the next decade she experimented with a variety of textile arts, including knitting for Riverguild in Perth, and painting on silk. She also completed a degree in graphic design at St. Lawrence College.

We Think We Can

It wasn't until she discovered pottery that she found her other artistic calling. When she learned that new under-glazes made it possible to paint on pottery, she tried her hand at the Mud Oven in Ottawa where clay forms were provided. One day, potter Hanna Back handed Isi some clay and said, "Make your own form." Isidora did, and was delighted to discover that she could create unique pottery objects by transposing her artistic concepts into patterned sheets of clay. "All that pattern design training was directly applicable to working in clay," she marvels. "My hands believe they can do anything."

Those confident hands fashion her inspired designs into gorgeous func-



tional items such as wall vases, chalices, goblets and decorative earring holders. In addition, she has developed a collection of cremation urns she describes as "art celebrating life." These organically and geometrically sculpted forms are rendered in soothing colours and embellished with a wide variety of painted themes. Her website at <www.artatwork.ca> provides excellent examples of the full range of her artistry in both fabric and clay.

Isidora remains a fervent advocate of expressing individuality, and welcomes the opportunity to work with clients to create both clothing and clay objects that are uniquely tailored to their personality and taste. Whether you fancy a new wall decoration or an eye-catching jacket served up in comfort and replete with hand-sewn detail, give her a call at 273-3359 or contact her by email at <isidora@rideau.net>. Spielmann loves creative challenges and faces each assignment with the conviction that "I haven't gone to where I can get yet."

Better yet, drop in at her home studio at 211 McAndrews Rd., Westport, during the upcoming Dandelion Gardens Studio Tour from May 22 to 24. Isidora's studio is stop #8 during this three-day opportunity to enjoy the work of many of the area's finest artists and artisans. Studios are open each day from 10AM-5PM, so plan on a leisurely spring drive through the gorgeous Lanark County countryside that lured

this young Austrian Master Tailor into our midst. Maps and information about the artists at each studio stop are available at <www.artatwork.ca/westport_studiotours>. Yes, Isidora created and hosts this website as well as many others for other artists and businesses.

Come to your senses...

Fairtrade handmade beaded hanger

SOUL SCENTS

42 Mill Street, Almonte
Open 7 days a week
www.soulscents.ca
1-866-347-0651

Eastern Ontario's Largest "Local" Natural Food Store

34 Years and Still Growing Strong

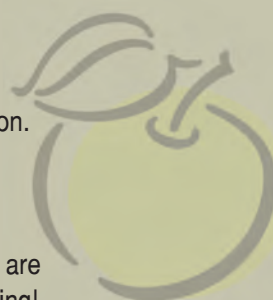
Local: One of the largest selections of quality local food products in the region.

Productive: Thousands of quality natural products to choose from.

Truly Independent: Means greater responsiveness to customer requests for products and services.

Friendly: Your comments and feedback on how friendly and caring we are helps us continue to improve our store to serve you better. We're listening!

Green: Earning Green Business League Certification is proof-positive that the entire Foodsmiths team is committed to making an ecological difference.



Your Local & Organic Choice Since 1976

****NEW****
STORE HOURS
Everyday
8:00am - 8:00pm
Friday 'til 9:00pm

106 Wilson St. West
Perth, Ontario
613.267.5409
1-877-FOODIES
(1.877.366.3437)
www.foodsmiths.com

Artist Trading Card

WHO Isidora Spielmann

WHAT Fine Clothes Designer, Potter, Graphic Designer

WHERE Home Studio, 211 McAndrews Rd., Westport, 273-3359, <isidora@rideau.net>, <www.artatwork.ca>

WHEN Dandelion Gardens Studio Tour, May 22-24
Fall Colour Studio Tour, Oct. 9-11
<www.artatwork.ca/westport_studiotours>

WHY "My hands believe they can do anything."

Need 'em... need 'em... got 'em...
Clip and save the Artist Trading Card
All the cool kids do it!

Come in and see
Our New Spring Selection

at
The Almonte Spectacle Shoppe

New Frames, New Styles
Ask your optometrist for your prescription,
or have our optician call to obtain it.
Come in and be amazed by our
Great Prices, and Excellent Service!
Browsers always welcome
at
The Almonte Spectacle Shoppe
"where vision matters"

10 Houston Drive Mon. Wed. Fri. 9:30-5:00
Almonte Tues. Thurs. 9:30-6:00
613-256-7431 Sat. 10-2:00

AVIATION ART WWI & WWII

**NORTH OF 44
PHOTO & ART GALLERY**

NATURE • LANDSCAPES • BIRDS
NORTHERN LIGHTS • LIGHTNING

A UNIQUE COLLECTION OF

- PHOTOGRAPHY
- OIL PAINTING
- SKETCHING

Spring Hours:
Thursday to Saturday 10 to 5
Sunday 12 to 4

68 Mill Street, Almonte
613-256-7505 1-877-556-7505
northof44studios@sympatico.ca

HOME DECOR • GIFTS • SOUVENIRS

Poetry Past, Present & Future

Pageful of Poetry

As I write this article for May, my brain is still stuck in April. I have just completed a stint as poetic educator at Beckwith Public School. Each year, the school has a program called **Artscape**, which is

by Danielle Grégoire

funded by Arts Carleton Place. They bring in artists for all age groups. There was recycled collage art for the primary grades, and mask-making for the junior division. Then, for the grade sevens and eights, the school brought in seven different week-long programs including drumming, dance, jewellery making, guitar, photography, improv, and the workshop that I was asked to lead, slam poetry.

At first I was apprehensive. How was I going to get ten students (three of whom weren't certain they wanted to be in a poetry workshop in the first place) from the page to the stage in just one week? After this week, I will never doubt the power of artistic expression again. Much to my absolute glee, these ten youth poets wrote original material and memorized it in time for the big showcase, and they had a great time doing it. If only everyone could see our teenaged population at work like this, perhaps all the misconceptions about that particular age group would melt away. I want to thank Mitchell, Hunter, Hayley, Rylee, Jessica, Hannah, Stash, Colleen, Cole and Connor for putting their hearts into their poems, and for the bravery they

showed by getting up on stage in front of their whole school. I sent them to the stage alone and they performed like seasoned slam poets. If only every school had something like this. Even one week immersed in the arts can make a profound difference. I saw that difference up close this past week and I am a changed woman. I will be finishing my slam poetry contracts at Pakenham and R. Tait schools with a renewed sense of purpose.

be representing Lanark County at the Canadian Festival of Spoken Word in Ottawa this October, then coming to this event is a must. You have to compete at two slams in order to be eligible. Write two poems. Memorize them if you can. Then come out and take the stage at 6:30PM. If you aren't into performing but would still like to come and watch, then the Lanark County Live Poets Society (LiPS) has a special treat for you. The feature this month is Ottawa's **Festrell**.



Ottawa's Festrell (above) is the featured poet at this month's LiPS poetry slam on May 17

F. C. Estrella learned long ago that to survive meant to tame the configurations and secrets of identity and personality, and smash them, remold them, transform them. She has been known as a "he" (Lucien Estrella or Señor Awesome the Drag King), an "it" (slam poet Festrell), an "us" (magick multiphrenic Hexpiritus and the kapwa of community and soul tribe), and a "them" (those brown people, those asian people, those gays, those transies, those freaks). This Filipino-Canadian urban babaylan [bah-BYE-lahn] uses words and will to work towards a world of sustainability, diversity, growth, and balance. She is the organizer of the female-focused Voices of Venus spoken word show at Umi Café in Ottawa, the second Tuesday of every month, and has a style that is all her own.

Upcoming Poetic Events

Monday, May 17, at CP Cinemas, the second to last slam of the **LiPS slam poetry** season will be taking place in Carleton Place. If you haven't yet had a chance to compete in a slam and you were hoping to score a spot in the finals, and perhaps a spot within the team that will

Please do not miss this show. If you have any poetic or literary events to share, please email <danielle.gregoire@hotmail.com>.

— Creators of Unique Spaces —

KIWI LANDSCAPES

Perth - (613) 264-0400 www.kiwilandscapes.ca

I'm Suffering from Stuffocation!

How does this happen: over the winter, we seem to accumulate things — books, ornaments, mittens, bad fitting toques, and assorted stuff. We can't seem to get rid of it, and instead tuck everything into corners until the bookshelf is too full, the tabletops are non-existent (and therefore can't be dusted), the mit-

by Glenda Jones

ten box overflows onto the floor, and... oh well, I'm not telling you anything you aren't likely experiencing in your own home.

Ah, but take heart: there is a name for our predicament. According to a new study by the Future Laboratory in California, and written up in the Ottawa Citizen, we are suffering from "stuffocation". We are recognizable by our shoulders bent from the burden of possessions, outstretched arms spread wide to encompass our domain, minds awash in details of preservation and protection.

We are exhorted to adopt a Zen lifestyle, keeping only the items that define us, or are essential to our well-being. Any good home-stager will tell you the first step to good design is to pack up one third of the items in

any given room. WHAT? Does that mean I have to get rid of a third of the magazines that might have recipes I might one day cook if I can find some exotic ginger paste? The same can't possibly hold true for my books, as every one is entirely too precious to give up. And besides, doesn't that pile by the chair denote a certain intellectual level?

"Stuffocation" is no laughing matter, folks. It might be true that "we are what we eat," but the corollary to that is "we are what we drag along with us every day." When I realized I was suffering this dread affliction, I consulted renowned psychic Dr. Give-Itup. She is a severe little woman with a pencil anchoring her hair bun. She wears skirts with no pockets — "can't be filling up pockets with trash!" She walks like a sergeant major. She scared me!

Within seconds she got down to business, grabbing my oversized purse and unceremoniously dumping the contents on the floor. "Pick up only what you can carry in one hand," she

said. Yikes. The credit cards were obvious. Ditto the driver's licence. Can't be without my Swiss Army knife. Should try for the note pad; need the pen. There's two quarters I can spend. Things fell through my fingers, and I watched in horror as she scooped the rest — into the garbage. "Off you go," she said. "Live like a queen!" I was bereft as I stumbled out.



Spring is the perfect time to enlist the help of Dr. Give-Itup. Please note: this photo was **not** taken at Glenda's house!

The next morning she was at my door before I'd had a second cup of coffee. "Well," she said, "good thing I came early. We've got work to do here." "NO!" I shrieked, flinging myself across my possessions. She started to

throw my precious stuff into bins marked "Junk", "More Junk", and "Perhaps Junk". She cleared counters, re-discovered tables, even found the cat, while I protested she was destroying my life! No amount of whining stopped her relentless clearing. I grabbed what I could, saying I needed it all, but Dr. Give-Itup was determined to cure me of the dreaded stuffocation.

She was brutal: she had no time for sentimentality, didn't want to look at old photos, didn't care how some trinket had been a bargain, didn't think anyone needed ten necklaces, didn't find the story about the antique doll the least bit interesting. Old craft projects, ill-fitting sweaters, bad art, and shoeboxes of papers were grist to her mill. I ran around helplessly snatching things. "Stuff and nonsense," she roared as she tromped through the house pitching my "stuff and nonsense" into her bins. She was on a tear and I was obviously no match for her zeal.

When the exorcism was over, I was exhausted. Dr. Give-Itup was jubilant as she watched me

stagger through my near-empty house peering into closets with empty hangers tinkling like wind chimes. The place seemed cavernous, the floors were shiny, the counters were bare. There was less to look at, but also less to dust, less to care for. And suddenly I felt this wonderful lightness come over me. I knew in my heart of hearts that I was cured. Stuffocation had gone out of my life. Dr. Give-Itup made tea in my only teapot, and soothed my frazzled nerves.

My follow-up programme is severe though. If one thing comes in, one thing goes out. Something about karma and balance, she told me. It's been a trial passing up stuff I like. I'm saving money, but for what I don't know, since she has admonished me about buying anything in excess. Clothes are not on her list, and absolutely NO ornaments of any kind! She didn't mention books, but I doubt I could sneak too many by her.

Dr. Give-Itup has a waiting list as long as the line-up at Walmart on a Saturday morning, so you'll have to buy a copy of her upcoming book, "Why Are You Keeping That Old Thing?" You'll find my case history in there — and it's not pretty.

THE MILLER'S TALE BOOK SHOP

We're not a chain, we are a link in the community.

“**Come in** and use those points you've been collecting (or lose 'em!)...

COME IN AND REDEEM THAT *faded, crinkled Gift Certificate* YOU FOUND IN YOUR SOCK DRAWER... Come in and scour our **50% OFF TABLE**...



Come in and say a fond farewell to a loveable bookseller, maybe bring him a bottle of your best *red*...

COME IN AND ASK WHEN THE PARTY IS...

and finally, “so long, and thanks for all the  **!”**”



“Oh, and Mary will take over the responsibility of being the owner of the best little bookstore in the valley! So sometime after June, come in and tell her how it is finally nice to shop in a bookstore where the help isn't grumpy or asleep on the couch!”

{fish}

The Miller's Tale Bookshop ~ 52 Mill Street, Almonte, Ontario K0A 1A0 ~ 613.256.9090
www.tmtbooks.ca ~ info@tmtbooks.ca

A Round-Up of Perth Happenings in May

In a small town like Perth, it's usually a sign that summer is just around the corner when the farmers' market opens for the season. Well, good news, folks: the **Perth Farmers' Market** kicks off its year on May 8!

From what I've seen and heard, Perth boasts one of the finest farmers' mar-

by John Pigeau

kets in Ontario. Saturday mornings — and now on Wednesday afternoons too — you will find a whole lot of vendors with a whole lot of goodies at the Crystal Palace, beside the Tay River Basin. You'll find plenty of fresh, local and organic food, including veggies, fruit, meat, baked goods, bread, preserves, maple syrup, honey, herbs, flowers, sandwiches, soups, as well as outdoor furniture, weaving, juried crafts, jewellery, and much more. The market also features a variety of educational events for adults and children. For more information, visit the Lanark Local Flavour site <www.lanarklocalflavour.ca>.

The best way to discover what's happening at the market is, of course, to come on down and browse around, but you can also find a list of vendors and other market information online at <www.perthfarmersmarket.ca>. Maybe you can make a grocery list before you set off in the morning!

Also, what better way to help celebrate Mother's Day (Sunday, May 9) than to visit the farmers' market and fill a basket for Mom with her favourite treats and flowers? Rain or shine, the market runs from 8AM–1PM, until it closes up shop for the season on Thanksgiving weekend.

For cycling enthusiasts, there will be a **Bike Rodeo** at Conlon Farm on May 16, from 10AM to 3PM. Cyclists are encouraged to come out and enjoy exhibits, the bike rodeo and skills course, a treasure hunt, and possibly win a prize. Helmet and bike safety checks will be offered, and Emergency Services will be in attendance. This event is geared toward families, so bring the whole gang for a day of cycling fun, raffles and a BBQ. For more details, call 267-3200.

A sure sign the season is turning is the opening of the **Tay/Rideau Canal and Locks**, which officially takes place May 21. Dust off and launch your boats for a leisurely cruise down the canal, or bring out the family to see the first boats of the season and witness the lock masters in action. For more information call 283-5170 or 1-800-230-0016.

May 31 marks the first meeting of the year of the **Tay Touring Club**, a group for antique and classic automobile lovers. They meet every Monday night until September, from 6–9PM at the "old" Home Hardware

parking lot on Highway 7. Bring your classic car or come out to see the other fascinating cars on display. For more information, please contact Bob Carruthers at 264-0563.

Now this next event is not until June, but it just sounds like so much fun that I feel compelled to include it. On June 26 at 6PM,



The Perth Farmers' Market opens on Saturday, May 8

over twelve hundred brave souls will don Celtic attire for Perth's **World Record Kilt Run**. The 8km run is an attempt to set a new world record and, based on current information, over two hundred kilted runners are

needed to establish that record. Organizers say that volunteers for the event are quite welcome, and they are also on the lookout for bagpipers to play at certain locations along the route. Visit <www.perthkilt.run.ca>, for details. The run begins at the Town Hall and snakes its way through the Tay bridge for a loop around the Perth Golf Course and eventually bringing them back to Code's Mill Inn to Foster Street and then to Gore Street and the finish line. The Perth Kilt Run is in recognition and celebration of the 800th anniversary of Perth, Scotland. Don't forget your cameras!

Later this summer, the **Classic Theatre Festival**, Ontario's newest professional summer theatre company, will be producing classic hits from Broadway and the London Stage in Perth. More information about the summer season is listed below, and please watch for a feature in next month's *Humm* about this exciting new theatre company.

For now, Theatre organizers are asking for the friendly people of Perth to consider billeting some of their actors who will be coming to town from Montreal and Toronto for the summer. These are "starving artists" who need to keep their apartments in their home towns while staying in Perth; theatre organizers are hoping that they can be billeted with local Perth residents.

All they need, says artistic producer Laurel Smith, is a bedroom and access to a kitchen and washroom. Anyone who billets will receive two season passes to the upcoming summer theatre season. For more information, please contact Laurel Smith at 1-877-283-1283. You can find out more by visiting <www.classictheatre.ca>, but here's a little taste of what's to come...

Blithe Spirit by Noel Coward previews July 9 at 8PM, July 10 at 2PM, opens July 10 at 8PM and closes August 1 at 8PM. *The Voice of the Turtle* by John van Druten previews August 6 at 8PM, August 7 at 2PM, and opens August 7 at 8PM. All performances are at The Studio Theatre, 63 Gore St. E. in Perth, Wednesday to Saturday at 8PM; Wednesday, Saturday and Sunday matinées at 2PM. Get your tickets by phone at 1-877-283-1283, online at <www.classictheatre.ca>, or in person from Tickets Please at Jo's Clothes, 39 Foster St., Perth.

— John Pigeau lives and writes in Perth. His debut novel, *The Nothing Waltz*, can be found at fine bookshops in the Valley or by emailing <jpigeau@hotmail.com>.

Dandelion Gardens Studio Tour

Beautiful and Scenic Westport Area

May 22 - 24, 2010
10 am - 5 pm

Discover the work of 29 artisans offered at 9 studios.

Visit our website
artatwork.ca/westport_studiotours

BROOKE VALLEY SPRING TOUR

Victoria Day Weekend
May 22 - 24, 2010
10 AM to 5 PM

Fine Furniture & Turnings
Cedar Strip Boats
Jewelry
Pottery
Soap
Batik
Weaving
Paintings
Photography
Rustic Furniture

www.brookevalleyspringtour.ca
* Free Admission *

New Artists Beautiful Music Great Food

VINTAGE WEAR WARE

Spruce Up for Spring!

63 Mill St., Almonte
292-4360
vintagewear.ware@gmail.com

Now Open in Perth

art & class

STUDIO*BOUTIQUE

Now registering for May/June session of:

- weekday/weekend art classes, ages 3-5
- mixed media classes for ages 6-14 after school/weekends
- adult sketch and acrylic beginner
- earring workshops

For more information, please contact us at:

53 Gore St. E., Perth
info@artandclass.ca

613.466.0622

www.artandclass.ca

3 YELLOW TULIPS

Happy Mother's Day

Bring Mom in to choose from our special gifts for her!

Quality Original works by local Artists & Fine Craftsmen

One of the gems of the Ottawa Valley set in the village of Pakenham

www.3yellowtulips.com

613 624-5932



Call to Artists & Artisans

Expressions of Art 2010 Exhibition & Sale

October 8, 9 & 10 at Carp Agricultural Hall,
to reserve your place now, contact

www.WestCarletonArtsSociety.ca/events

Curiosities Antiques & Collectibles

Old tools, textiles, cameras, books, military memorabilia, china and glass



30 Mill St., Almonte 256-7943 www.curiosities.ca

Dry Stone Walling Workshop

June 26 & 27 • just outside Perth

This 2 day, hands on workshop, taught by Master Craftsman Michael Weitzner (www.thislestoneworks.com) will teach the basic skills of dry stone walling and introduce the proper building methods and techniques used by certified wallers.

The cost is \$300 per student
Lunch and drinks will be provided
contact: Sean Donnelly through.stone.masonry@gmail.com

Students must bring their own safety equipment.
Steel toed boots and eye protection are required for this course.

Dry Stone Guild of Canada



Update from Arts Carleton Place

Next time you stroll through the centre of Carleton Place, take a look around you. You may have just walked by the next Yousuf Karsh, Tom Thomson, or Celine Dion. Carleton Place has more than 80 registered artists... slam poets, painters, photographers, potters, musicians, writers... even an intriguingly named expressive arts practitioner!

Keep walking down to Coleman Street and you'll find yourself at a picturesque stone building, the historic **Carleton Place Train Station**. This is the new home and office of Arts Carleton Place, the 5-year-old non-profit arts organization that is the hub of artist activity for the town.

Made up of volunteers and led by the tireless energy of Ina Jackson, Arts Carleton Place leads numerous activities that bring awareness of the arts and promote the artistic talent of the region:

Sounds of Downtown

For one magical evening in September, music flows from every nook and cranny of Bridge Street. Now in its fifth year, Sounds of Downtown is the primary fundraiser for Arts Carleton Place. Monies raised go to the *Express Yourself Fund*, an arts programme for public school children to experience visual and performing arts.

The highlight of the evening is the final concert at the Town Hall. Perhaps it's just luck, but several of the headline acts from the past five years, such as Michael Kaeshammer and Monkey Junk, have gone on to win major awards after their Sounds of Downtown appearances.

Mark September 11 on your calendar for this year's event.

Arts and Awards Programs

The Arts Carleton Place *Express Yourself Fund* was created to bring an arts experience to children in a school environment.

Call for Artists and Fine Craftpersons

The **Crown and Pumpkin Studio Tour** is inviting applications for participation in the 14th annual Crown and Pumpkin Studio Tour, October 9, 10 & 11, 2010. The tour is based in Mississippi Mills but guests from outside the area are welcome. For information on the jurying process and application details, please send an email to b.mullally@sympatico.ca or call Barbara at 613-256-3647 or Karen at 613-256-8370.

After almost a year of planning, the first program, Artscape, took place from April 19 to 23 at Beckwith Public School.

For one week, students at the school had the opportunity to experience the arts. Workshop instructors included Arts Carleton Place members Mark Garbutt (photography), Kate Osborne (improvisation), Danielle Grégoire (slam poetry), Louise Devenney (dance) and Teri White (jewellery). The week ended with a half-day showcase, where the students had a chance to display their talents. Arts Carleton Place is working to bring

public space is the newly renovated Town Hall.

Get a chance to meet the artists by dropping in at Flippin' Art Night, held once every two months at Ballygiblin's Restaurant, starting at 5PM. Thursday, May 20, is the next evening to enjoy free munchies and watch the installation. Vernissage events are also held every three months at Smilez Dentistry. There is an Open House at the "new" Town Hall on Tuesday, May 11, from 4 to 7PM, to view art and check out the renovations.

Database artists are always on display and pieces are available for sale at the Train Station Gallery and Gift Shop at 132 Coleman Street. The Train Station is ticket central for theatre and shows in town as well as the Information Centre operated by the Chamber of Commerce.

Upcoming Events

Specific Arts Carleton Place events in May include: artists' display at the **Town Hall Open House** (May 11), **Mark Twain on the Mississippi** (May 21 at St. James Hall, tickets \$25, a fundraiser with BarnDoor Productions from Perth), **Flippin' Art Night** (Thursday, May 20 at Ballygiblin's, featured artists Jo-ann Zorzi and Claire Flowers), artist booths as the **Bridge Street Bazaar** (July 31), and **Sounds of Downtown** (September 11).

Ongoing performances by Arts Carleton Place database musicians include: **Mississippi Blues Society** at the Thirsty Moose, the first Tuesday every month; jazz with **Peter Brown and Friends** on Thursdays, 7PM at St. James Gate; "**Live at the Gate**" acoustic performances, Saturdays, 8PM at St. James Gate; and **Roger Plant and Friends**, Sundays, 7PM at Ballygiblin's.

For calendar listings and artist information, check out www.artscarletonplace.com.

— Robin Andrew



Express Yourself to other regional schools.

Over the past three years, Arts Carleton Place has also awarded \$8,500 to local students and developing artists to continue their studies in the arts. Recipients have progressed with their careers to study at college and university and even to become full-time artists.

Art in Public Places

Whether you are having dinner at Ballygiblin's, getting your teeth to sparkle at Smilez Dentistry, or popping in to pay your taxes at Town Hall, glance at the walls around you and you'll see work by local artists. Arts Carleton Place co-ordinates displays with area businesses, providing artists an opportunity to exhibit and sell their work. The latest

Philip K Wood Gallery

Fine Art Exhibitions • Custom Framing

TIMES EIGHT Exhibition
(Continues until May 23rd)

May Framing Special

Black Wooden Frame with glass, double mat, foam core, fitting & backing
Most standard sizes e.g.

16x20=\$45.00, 18x24=\$50.00 22x28=\$60.00

Artists interested in solo or group exhibitions please contact the gallery.

Gallery hours parallel the Heirloom Café Bistro
co-located at the Victoria Woolen Mill

7 Mill Street Almonte

613-292-4406

Local Straw Bale Homes in Province-Wide Tour

Several straw bale homes west of Ottawa will be among the more than twenty homes participating in the 6th Annual Provincial Straw Bale Home Tour. The tour is being organized by the Ontario Straw Bale Building Coalition (OSBBC), a growing advocacy, research and educational not-for-profit organization that has been helping to build the acceptance of straw bale buildings in Ontario for almost a decade. The OSBBC believes in the need for a movement towards a more environmentally respon-

sible built environment because buildings contribute to about 40% of all carbon dioxide emissions and 70% of electricity consumption.

unique and sometimes curious structures. Straw bale building has grown from complete obscurity to public prominence in the past decade. The idea of durable, super-insulated and beautiful homes with remarkable environmental benefits that cost no more than conventional construction is very attractive to families looking for alternatives in the housing market.

Chris Magwood, author, educator and bale activist, remarks that, "For the same costs as typi-

cal homes and buildings, it is possible right now to create similar spaces from environmentally sound materials and to lower energy consumption dramatically." This tour is the perfect opportunity to see how homeowners from across the province are making these ideas a reality. There is a growing trend to incorporate straw bale technology into commercial buildings,

as business owners strive to have more energy efficient buildings, reduced operating costs, and draw attention as savvy proprietors who are taking the extra step to run environmentally sound businesses and be responsible citizens. This year's tour includes a straw bale artisanal bakery/cider (Spirit Tree Estate Cider near Caledon), an off-grid studio and retreat centre (Wintergreen Studios, near Kingston), and the Upper Grand District School Board's new straw bale school house in Orangeville.

This tour is the perfect opportunity to step right inside some straw bale buildings, see what they are like, and get honest feedback from the owners about all aspects of their buildings. The cost of the tour is \$10 per person and gains you admission to as many houses as you wish, or you can purchase a membership in the OSBBC which gives you free admission to all the houses on the tour plus the other numerous benefits of membership in the OSBBC.

The homes will be open from 10AM-4PM, on Sunday, May 16. All the details regarding houses on the tour, directions, and a province-wide map are available at the OSBBC website <www.osbbc.ca/annual-home-tour>. For more information on the OSBBC or the tour, contact Frank Tettemer at <info@osbbc.ca> or 1-877-872-9225.

The local homes on the tour are located in Kanata, Pakenham, Arnprior, Lyndhurst (near Perth) and Maberly. Visit the website for photos and details of each home as well as driving directions.



This spacious two-storey straw bale home is located on Old Carp Road in Kanata

The tour will take place across Ontario, from Ottawa to Windsor, on Sunday, May 16, from 10AM-4PM, and will give community members an opportunity to see inside some of these

cal homes and buildings, it is possible right now to create similar spaces from environmentally sound materials and to lower energy consumption dramatically." This tour is the perfect opportunity to see how homeowners from across the province are making these ideas a reality.

There is a growing trend to incorporate straw bale technology into commercial buildings,

CERTIFIED FAIR TRADE ORGANIC COFFEE

It's starting to heat up!
Why not cool down with our **Famous Iced Coffee?**

Our patio is now open and we'll make sure your drinks are fresh, freezing and Freakin' Good!




Mon-Fri 7AM-6PM Sat. 8AM-5PM Sun. 9AM-4PM
9A HOUSTON DRIVE • ALMONTE • 256-5960

WELCOME WAGON 
SINCE 1930

If You Are...

- Moving
- Expecting a Baby
- Planning a Wedding
- Opening a New Business

Call
1-866-283-7583

We have
Gifts & Information
www.welcomewagon.ca

Almonte Farmers' Market Gears Up for New Season

The Almonte Farmers' Market is once again gearing up for another great season. With a continuously expanding number of vendors, they are quickly approaching "one-stop shopping" status! Early in the season you will find many vendors with transplants available for your vegetable and flower gardens, as well as very knowledgeable advice on the best time and place to plant them and the care they will need throughout the summer. You'll also find baked goods, handmade chocolates, desserts, bacon on a bun for breakfast or lunch (or both!), organic meat, preserves, knitted hats and mittens, handcrafted wooden items, photography, sewing and beeswax candles. Since it has been an exceptionally early spring, you can also expect to find vegetables such as asparagus, radish, swiss chard, kale and green onions. Then by early June the garden's bounty will be out in abundance at many of the vendors' stalls. At the end of May the market will also have fresh cut flowers available with a number of different varieties that change as the summer progresses.

The season opens on Saturday, May 15 at 8:45AM and runs until noon in the parking lot of the Almonte Library. The market will then be open rain or shine every Saturday morning until the season wraps up on Thanksgiving weekend.

This year there will be live music provided by the talented local group Carp Jam. Market vendors have also decided to do a monthly basket draw on the last Saturday of the month. The May basket will be drawn on May 15, so come on out and see all the Almonte Farmers' Market has to offer. Check out all upcoming events at <www.almontefarmersmarket.ca>.

See you in May!
—Katie Thom

KIWI GARDENS
Growers of Fine Perennials

The largest selection of both exciting new plants and tried-and-true varieties in the area.

4 km west of Perth off Highway #7, 3 km north on Harper Road
www.kiwigardens.ca Open 7 days a week, 9-5 (613) 267-7384

See?!

Safe, organic solutions for hundreds of common plant maladies

What's Wrong With My Plant?
(And How Do I Fix It?)

A Visual Guide to Easy Diagnosis and Organic Remedies

Identify the problem and find the cure for your:
Flowers • Fruits
Vegetables • Bulbs
Houseplants
Seeds & Seedlings
Shrubs • Trees • Lawns

Learn how to become a plant doctor—No PhD required.

David Deardorff and Kathryn Wadsworth

It's *not* your gardening technique...
NATURE LOVER'S BOOKSHOP

62 George St, Lanark • 259-5654
natureloversbookshop@bellnet.ca
www.natureloversbookshop.ca

Flavour of the Month

Yuko Horiuchi — Seed Saver Par Excellence

One would never guess that just beyond the Shopper's Drug Mart in Carleton Place lies a little oasis — Yuko's Perfumed Garden. Tucked between hedges of blossoming Nanking Cherry (a beautiful shrub/tree that makes a gorgeous addition to an edible land-

By Susie Osler

scape) and bordering the Mississippi River on the north side, this wee garden forms a powerful counterpoint to the corporate boxstore 'strip' nearby.

The place itself and the personalities inhabiting it — consciously or not — play on one's expectations and perceptions. The garden is small but the ideas and intent that come along with it are big, clever, and sometimes humorous — starting with its name. Yuko's Perfumed Garden, in name alone, may raise some eyebrows as there happens to be a 15th century book of erotic literature (*The Perfumed Garden*) by Muhammad al-Nafzawi.

Saving seed is not only economical; it is a political act, a gift to our environment and a step towards sustainability.

The double entendre isn't lost on Yuko (who happens to be a voracious reader and lover of books). Though this place is all about propagation — the "birds and the bees" of the plant world — the name really came to Yuko as a tongue-in-cheek reference to the public perception that chickens might create a 'perfume' of their own! And Yuko is a big fan of her chickens! Indeed, they are an undeniably wonderful addition to any garden environment. Chickens efficiently convert kitchen scraps into eggs and ex-

cellent, potent manure that can be used to supplement the soil. According to Yuko, chickens *also* make great listeners and keep secrets — she chats daily with her girls.

Yuko has been saving seed for over a decade. She is a member of Seeds of Diversity Canada, and some of her squash seeds (Queensland Blue Pumpkin) are now permanently at Seed Savers Exchange <www.seedsavers.org>. Yuko's plants and seeds lack the 'slickness,' branding, and packaging that we've grown used to when obtaining plants and seed packets from garden centers and nurseries (for those of you who are already seed and seedling swappers, this may make your pulse race with anticipation...). However, beneath the humble DIY disguise is an organically-raised seedling or seed of open-pollinated, heirloom stock, which Yuko has selected, grown and saved in our bioregion (i.e. her garden in southeastern Ontario). That they are on offer for a minimal fee is

lucky for us, and benefits Yuko beyond the small income that it provides. Each sale of seeds or plants promises one more opportunity for that particular variety to survive in a world that is changing rapidly both climatically, and also genetically. Saving seeds from heirloom varieties is a direct and simple action to help preserve the genetic diversity of our planet.

This is the real heart, soul, and thinking behind Yuko's garden. In her words (from her website): "This is a tiny and more conser-

vation-oriented garden, cultivated by hands and knees to produce hardy, fresh open-pollinated seeds. I wish you a bountiful harvest and hope you will share your open-pollinated seeds with your friends and neighbors. Some day in the near future your seeds will be very valuable, when the rest of the world has totally switched to GM, or perhaps if a natural disaster forces one of the huge seed suppliers to cease operations."

Saving seed is not only economical; it is a political act, a gift to our environment and a step towards sustainability. It only requires time, patience, observation and a bit of nurtured earth (a little passion might also help!). After a few years of seed selection from a certain variety, growers can recognize noticeable positive changes in their plants — such as increased hardiness, vibrancy, taste, disease resistance, etc. — as they adapt genetically to conditions specific to that garden. This is the type of plant that you will find at Yuko's.

Yuko is as full of character as her garden and the many varieties of plants she propagates. Paralleling the personal journey Yuko has taken from her origins in Japan, through the US and Canada, and finally to Lanark County, the seeds that she offers have also migrated to her garden from other places around the world (Japan, China, India, Europe, central Asia, North and South America) and have been selected in farmers' gardens along the way for generations. Yuko's enthusiasm, passion and reverence for the work she does, as well as her desire to inspire others other Seed Savers, shines through. I hope to see you at her plant sale! Get there early — Yuko has a devoted following!

Information on seed saving can be found at the following: Seeds of Diversity (Canada) <www.seeds.ca>; *The New Seed-starter's Handbook* by Nancy Bubel (Yuko's "Bible"); *How to Save Your Own Seeds* (an excellent publication by Seeds of Diversity); Baker Creek Heirloom Seeds (US) <www.rareseeds.com>; USC Canada <usc-canada.org>; and Seed Savers Exchange (US) <www.seedsavers.org>.



Who She Is

Yuko Horiuchi, Yuko's Perfumed Garden
202 Arklan Rd., Carleton Place, ON, K7C 3R9
253-0787 or 253-7034
<yuko@yuko.ca>, <www.yuko.ca>

What She Offers

Organically raised, open-pollinated heirloom seeds and plants selected for our climate. (flowers, vegetables, herbs, roots, fruits). See list at <www.yuko.ca/seeds/index.html> (I highly recommend reading the full list on her website purely for the pleasure of it!)

Where She Sells

Her own heirloom tomato and perennial plant sale: May 15, 16, 22, and 23 from 8AM-2PM. Online seed sales as well. Seedy Saturdays (various dates and locations each year in March and April).

Madame Mae's Horseradish

Mae Graydon (Yuko's mother-in-law) cultivates a huge horseradish patch at her lakefront garden. This is her famous creamy sauce.

Combine in a food processor:

1 stick of horseradish, cleaned and cubed	
1 clove garlic	1 shallot
1 egg	½ tsp salt
pinch of cayenne	1 tsp sugar
1 tsp dry mustard	¼ cup olive oil

Blend thoroughly. While machine is running drizzle in ½ cup more olive oil followed by 3 Tbsp white vinegar or lemon juice, ½ cup more olive oil.

Mix until done then pour into sterilized container.

Rock-n-Horse Farm CSA
A partnership from our fields to your table.

We have a limited number of harvest shares available for this year's season (early June to late October).

Seasonal vegetables	Herbs	Flowers
Lamb, chicken, pork	Eggs	Maple syrup

Pesticide and herbicide-free!
Door-to-door delivery
in Mississippi Mills and Carleton Place

For more information:
613-256-6117
am.sheets@hotmail.com
www.rocknhorsefarm.ca

www.fieldworkproject.com

Lachapelle Antiques
Furniture Refinishing and Antique Stores



1526 Ashton Station Rd. 24 Mill St.
Ashton Almonte
613-257-2960 www.lachapelleantiques.com 613-256-1511

Mike Doyle



Accounting for
Small & Large Business
Income Tax Services
(613) 256-9987
mike@mdoyle.ca
www.mdoyle.ca

Join the fun on Mill Street!



A well-established boutique in thriving downtown Almonte is for sale — the original owner is relocating. Open the store of your dreams!

Please call (613) 256-0035 (afternoons) and ask for Victoria.

DESIGN BY DESTINATION

Pick up theHumm in Almonte at THE HEIRLOOM CAFÉ

the **NOT** going out of business
Yarn Inventory Clearance Sale

We're making room for more fabric and new yarn!
Specials on Sirdar, Berroco & Noro.
Selected fabric: \$8-12/m



Textile Traditions of Almonte
87 Mill Street • 256-3907



Janice Aiken
Registered Massage Therapist
23 Years experience
Specializing in:
Treatment-Oriented Massage & Myofascial Release
1598 Ramsay Conc. 1
10 minutes west of Almonte
613-256-6243



Grannies Plant Sale

The ladies of the "Mississippi Grannies" will hold a spring plant sale on Saturday, May 22, on the lawn outside the Almonte Old Town Hall on Little Bridge Street. The sale will start at 9AM and continue until noon, rain or shine.

Perennial plants will be from local gardens and therefore well acclimatized to the area. A number of gardening books and garden "bric-a-brac" will also be for sale. All funds raised from this sale will go to help victims of AIDS in Africa through the Stephen Lewis Foundation.

The Town Singers

It's that time again — the Town Singers have prepared another concert for your pleasure! "Celebrating Our Heritage" brings together songs of the British Isles, with special performances by the local Celtic band the Barley Shakers and Alex Sinclair of the folk band Tamarack.

For three years, the Town Singers have been evolving in quality, size and variety. Now close to fifty people, they like to bring in different languages and cultures, putting in a lot of work to learn the songs in order to enhance the performance. Even though the group is quite

large, new members are always welcome.

As a first-timer, you walk in and are instantly welcomed into the fold of friendly faces. Pick up the music and sit down. There are no auditions — just learn the music and sing. If you decide you enjoy the group and would like to join, there's a small fee to help cover costs. The musical director, Kristine MacLaren, or, as they like to call her, the "Supreme Goddess of the Town Singers," teaches them the music, keeps them on track and shares her warm heart with the group. Peter Brown, the accompanist, helps make everything

sound better. He has such talent that you can't help but move. The Town Singers get together every Tuesday to sing and, more importantly, to have fun doing it.

Join them Tuesday, June 8, at St. Andrew's Presbyterian Church, 39 Bridge Street in Carleton Place, for an evening of songs from the British Isles. Tickets are \$10 each or \$8 for seniors and students (no charge for children under 12) and can be purchased from choir members, at the door, or by calling 257-7196. The show starts at 7PM. Hope to see you there.

— Amy Bourne

AN EVENING IN

Arts Carleton Place PRESENTS

MARK TWAIN'S PATENT ONE MAN SHOW

SCRAPBOOK

LIMITED SEATING BUY YOUR TICKETS EARLY!

The wit, wisdom and writings of Samuel L. Clemens **MEET US ON THE MISSISSIPPI** As performed by David Jacklin

FRIDAY MAY 21 7PM
UPSTAIRS at the St. James Anglican Church Hall
225 Edmund Street Carleton Place (doors open 6:30pm)
Ticket Includes Southern Appetizers and Dessert
Cash Bar

TICKETS The Train Station Information Centre Gallery & Gift Shop 132 Coleman St. Carleton Place 613 257 2031
\$25.00 per person

Ballygiblin's
THE GOOD FOOD CO.

A FUNdraiser for Arts Carleton Place Express Yourself Fund and BarnDoor Productions' Full Circle Theatre

CARLETON PLACE

CARLETON PLACE BIA

Business In Action



Matthew and Angela delight in sharing their passion for all things Mexican — from colourful ceramica to stunning silver jewellery. Angela makes regular trips south to meet with artists and artisans, and is committed to establishing fair trade relationships with them. The result is a spectacular selection of giftware with an exotic flair. You'll find celebratory **Cinco de Mayo** specials from May 5-9, and a Mexican Fiesta Marketplace on May 8!

THE MEXICAN EMPORIUM



Matthew Peskett & Angela Robillard

109 Bridge Street • 613-492-0207 • www.mexicanemporium.com



Kaye Spencer & Janice Martin

Striking a perfect balance between new and consignment, **Wisteria** offers a relaxed and inspiring shopping experience. You'll find top quality women's clothing and home decor items on consignment, as well as decorative wall plaques, unique home decor and gift items and a large selection of new quilts. Accessorize your wedding or prom outfit with a new handbag or piece of jewellery. Attend their Personal Colour Analysis event on Sunday, May 16 for great advice and tips on how to shop for colours that flatter your skin tone. Open Tues.-Fri. from 10-5:30 and Sat. from 10-5.



62 Bridge Street • 613-253-8097 • www.wisteriacp.com

Gale Real Estate opened back in 1948 as a family-owned business, and has been helping people find the perfect location in the Ottawa Valley ever since. Operating from the Royal LePage Gale Real Estate office in Carleton Place, Wayne Irwin and his associates specialize in residential, waterfront and recreational properties, and also handle farms and commercial real estate. Born and raised in town, Wayne especially enjoys meeting people who are new to the area and showing them the natural attractions, services and facilities that make his community so special.



24 Lansdowne Ave. • 613-253-3300 • www.welcomingyouhome.ca



Wendy Boyer & Wayne Irwin

There's so much to do downtown!
For a complete listing of Downtown Carleton Place businesses, please visit:

www.downtowncarletonplace.com

For more information contact: cmcormond@carletonplace.ca or 613-257-8049

Welcome, Wagon!

This was the call in days of old (or frontier days) when wagon trains travelled through new communities, heading west. Someone from the established town would greet newcomers with a basket of fresh water and bread in the hopes of encouraging families to settle in their community. The town would prosper with growth and the newcomers felt welcomed and included.

Eighty years ago, this tradition was revived with the first "Welcome Wagon visit" in B.C. There are now over a thousand representatives across Canada, carrying baskets or briefcases to visits in many cities and towns. In 1979, it became a completely Canadian-owned company. The company has flourished over the years to include visits to newcomers, parents of new babies, couples planning a wedding, new business executives, as well as grandparent shows and bridal and baby showers. It has earned and maintained a respectable connection with government officials and business bureaus.

Here in the Valley, Welcome Wagon is well represented, with a combined 65 years of experience greeting newcomers. It has been estimated that over ten thousand baskets for various occasions have been delivered in this old-fashioned tradition over the thirty years Welcome Wagon has been in this area. Pauline Anderson



of Smiths Falls, Bev Hayman of Perth, Sharon Shea of Carleton Place, Patricia Brauer of Almonte, and Lara Lafreniere of Lanark County are all dedicated representatives travelling through the towns and rural routes with visits that are casual but informative. They help families acquaint themselves with services, businesses, and community events, and also

include greetings from town officials and gifts from local merchants. All visits are complimentary and happen in the comfort of the recipient's home.

As they celebrate eighty years in business, they hope to remind *theHumm's* readers to register for any of Welcome Wagon's occasions, for yourself or a friend. Visit www.welcomewagon.ca or call 1-866-283-6583. They want to make you welcome!

— Sharon Shea

An In-Depth Look at Coming Earth Changes

Within our lifetime, we have been witness to many changes to the Earth occurring at an unprecedented rate: unusual weather patterns, large global catastrophes, polar ice caps melting, changes with the sun and solar flares, the extinction of numerous animals and plants, and more. These events and others have caused many of us to ponder what is currently happening and what lies ahead.

Jean Hirst has spent forty years passionately following the changes which have been taking place on the planet, her main focus being in the areas of geology, astronomy and agriculture. She has come to realize that so much of what happens on a global scale is not reaching us, and will therefore be offering her most timely information to the community in this time of great transformation.

Please come and join Jean and members of Almonte's New Energy Circle as we take an in-depth look at the Earth's changes. We will be discussing volcanic activity, in particular the Ring of Fire — a chain of volcanoes that form a ring around the Pacific Ocean. Iceland's volcanic activity is currently affecting people all over the world. We will be looking at the significance and unprecedented number of earthquakes occurring throughout the world. Jean will also be sharing timely information on changes in the sun and solar flares, tectonic plates,

fault lines, and polar ice caps, as well as their implications.

We are now faced with some very big questions. As the Mayan Calendar comes to an end, there are many different schools of thought as to what lies ahead. Movies like *2012* present a catastrophic end for the earth. Others predict 2012 will mark an incredible new beginning and an end for the Earth as we have come to know it. New questions now emerge as to what role we are to play during this time of change. It will now become exceedingly important to look at things from a higher perspective and to trust that everything is in order. As the Earth consciousness shifts spontaneously with human consciousness, so much is happening on so many levels. The intention of our talk is to not only to help others to become more fully aware of the vastness of earth changes but to move them from a place of fear into peace and compassion.

Please join us on Saturday, May 15, from 10AM to 2PM, at the Mill of Kintail Gate House, Almonte (30 minutes west of Kanata). Admission at the door is \$25 and includes a light lunch. Please contact Lesley at innerrevelations@gmail.com or 256-9393 to reserve your seat or request further information.

— Lesley Cochran-Hulcoop

Puzzles by
Sleepy Hollow
Creations

riverguild
fine crafts
51 Gore St., East, Perth • 267-5237

3 DAY COURSES
ON "HOW TO BUILD" A CEDAR STRIP BOAT

June 12, 19 & 26 July 12, 13 & 14
August 9, 10 & 11

Kirk's Kanoes For more info:
www.kirskanoes.com
kanoeguy@hotmail.com

**Pick up the Humm in Smiths Falls at
SPOTLIGHT ON THE RIDEAU**

homesol
building solutions
health • comfort • sustainability

**Energy design and certified
green building specialists**

www.homesol.ca 1-877-278-0467

IT'S THE TALK OF THE TOWN!

I'm thinking Art Gallery!
I'm thinking Cheese store!
I'm thinking Toy store!

Thinking it's time?
Call Gord Pike at 613-720-0456

Heritage Court, a new beginning in the old town.
14 Mill Street, Almonte www.heritagecourt.biz



Adirondack Park Comes to Lanark County!

Where is North America's nearest and largest protected landscape? Perhaps the Everglades, or maybe Yellowstone National Park? No, not even close. They are much too small and distant. In fact, North America's largest protected landscape is only a few hours drive from Lanark County. Not Algonquin Park, although at roughly three times the size of Lanark County it is indeed large and significant. However, it isn't nearly as big as Adirondack Park, just south across the St. Lawrence River in northern New York.

Double the size of Algonquin, Adirondack Park is easily eight times the size of all of Lanark County. Just over the horizon is a vast reservoir of plants and animals already adapted to our northern climate. In fact, the Adirondacks are so close that many birds could spend the night in Adirondack forests and drop in the next day to visit us. The wood thrushes, rose-breasted grosbeaks and yellow-rumped warblers are already making their way north to Lanark County and may right now be planning their last night of rest in the Adirondacks before dropping in to breed in our forests. Some may also carry seeds from their last meal to deposit here. It is entirely possible, therefore, that the Adirondacks and Lanark County are biologically linked. Did the beech trees of Lanark County spread slowly north after the ice age, or did they simply drop out of the sky as seeds in the crops of passenger pigeons? Yes, there are old records of passenger pigeons

nesting south of Carleton Place, and beech seeds were one of their favoured foods. Of course, hunters exterminated passenger pigeons, so they are no longer carrying tree seeds north, but other birds may be taking up some of the slack.

A truly remarkable aspect of the Adirondack region is its similarity to Lanark County, and to Algonquin Park. It is a large dome of hard rock, mostly gneiss and granite, of the same age and chemical composition as the rocks that underlie much of our county. The forests have northern tree species such as white pine, red oak, sugar maple, and hemlock. (Indeed, if you were dropped by helicopter on the shore of a small lake, you might not know whether you were in Algonquin Park, the Adirondacks, or northern Lanark County.) Even the bird calls and frog calls would be the same.

Early in its history, Adirondack Park experienced the same impacts as Lanark County. The area was logged and mined. Wildlife was trapped for felt hats, forests were harvested for potash bound for Europe, and charcoal was exported for iron ore. Hemlock trees were stripped of bark, used to tan leather. By the mid 1800s, the wild landscape was beginning to show the negative impacts of human exploitation. Then, remarkably, in 1892, in what was then a cutting-edge environmental decision, the state of New York decreed that the forests of the Adirondack Mountains would remain "forever wild." Although much of

the landscape had already been altered, the remainder, perhaps some two hundred thousand acres, was left, leaving one of the largest stands of old growth forest in eastern North America. So, if you want to see what Lanark County looked like in the really old days, drive south into New York State. Saranac Lake is accessible by highway, but some of the hills around it have never been cut. In contrast, Algonquin was so heavily logged that old growth is rare.

Of course, not everyone has the time to drive to the Adirondacks, so the Mississippi Valley Field Naturalists have gone one better. They are bringing the Adirondacks to Lanark County with Dr. Jerry Jenkins, a well-known biologist who has spent forty years exploring the park. Jenkins, Forest Issues Coordinator for the Wildlife Conservation Society, will speak at **MVFN's Spring Gathering 2010**. Enjoy a banquet dinner beginning at 6PM and, following the banquet, let Dr. Jenkins be your guide to the delights of the Adirondacks and their lessons for the future of Lanark County.

Spring Gathering 2010 will take place Thursday, May 20, at the Carleton Place Curling Club, 102 Patterson Crescent. Tickets (\$20), which include the reception and banquet, are available by contacting Brenda Boyd (256-2706) in Almonte. They can also be purchased at Read's Book Shop in Carleton Place or the Nature Lover's Bookshop in Lanark.

— Cathy Keady

Looking for a unique Mother's Day or Birthday Gift?

Why not give the special lady in your life a relaxing Gift of Health!



- * Hot Stone Massage
- * Heavenly Feet & Leg Massage
- * One Hour of Heaven Swedish Massage
- * Gardener's Delight Hand & Arm Massage
- * Facial Rejuvenation Acupuncture (Non-surgical Face-Lift)

Gift baskets include a gift certificate of your choice in a pretty basket filled with special treats!

For more information, please stop by or call the office.

Dr. Michaela Cadeau • Robin Colby, RMT • Linda Haw, RMT

Hands on Healing
125 Bridge Street, Almonte, 613-256-0222
handsonhealing@on.aibn.com

Happy Birthday, MVTM!

The Mississippi Valley Textile Museum is celebrating its 25th birthday this year, so I decided to visit the museum and ask Curator Michael Rikley-Lancaster what he plans to do to mark this important occasion.

Michael, as you may know, has been with the Textile Museum since 2007 and is the person responsible for presenting a wide variety of interesting exhibits and events relating to our textile heritage. He's an

by Euphemia Lark

absolute wizard at getting funding and his grant writing efforts have helped the museum to maintain and improve its old heritage building. His aim is to introduce lively new program concepts which keep the museum current and contributing as a viable working part of our community.

When I arrived to see him, he was sitting in his office which, he told me, used to be the Plant Manager's office of the old Counting House and Warehouse of the Rosamond Woolen Mills Company; an annex of the much larger No. 1 Rosamond Mill building right next to it. "I guess you could call *me* the Manager now," he laughed.

The MVTM does a fine job in preserving our textile traditions and it focuses on the important role that the woolen industry played in the Town of Almonte.

Known as "Little Manchester", from the mid 1800s to the mid 1900s Almonte was one of the biggest producers of wool prod-

ucts in Canada. This was thanks in large part to the enterprising Rosamond family who, over time, built seven textile mills in Almonte and employed some five hundred townsfolk as mill workers. James Rosamond, the first of the family to arrive from County Antrim in Ireland, was attracted to the area because of the power potential of the Mississippi River's waterfalls. His first steps and the work that followed in developing the local woolen trade are now documented in an excellent book, *Our Past is Looming: Stories from Almonte's Textile History*. (It's a good read and I recommend it!)

Michael is very enthusiastic about the new book, particularly since it was published by the MVTM. Spearheaded by Gerry Wheatley, Herb Pragnell and Jack Falt, longtime residents of Almonte and local history buffs, it's a compilation of essays and interviews, including one by fondly remembered Stan Morton who, at the age of 14, began work at the No. 1 Rosamond Mill as a bobbin boy.

Because of their importance at that time, the large stone mills played a huge role in the town and life revolved around them. Today, many of these imposing heritage buildings still remain and have been imaginatively restored into offices, studios and condos. They continue to play a significant role in Almonte. In fact, the No. 1 Rosamond Mill on Coleman Island is now the Millfall Condominiums, and the Counting House and Warehouse next to it is now home to the Mississippi Valley Textile Museum which, as I've told you, celebrates its 25th birthday this year.

Birthday Celebrations

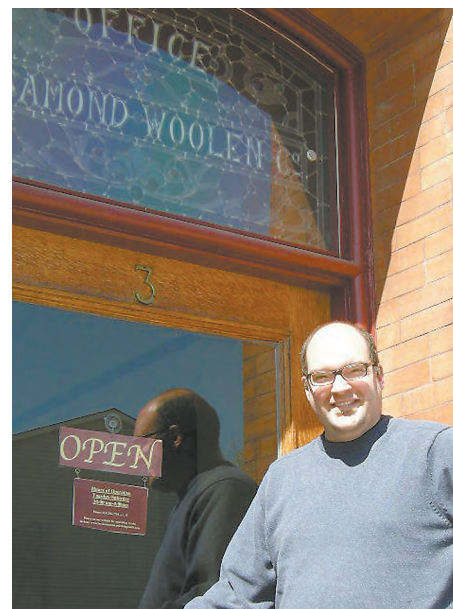
So what is being done to celebrate this special anniversary?

Michael has booked some really exceptional exhibits for 2010, and is planning a number of entertaining events at the museum including its popular fashion show and a reprise of "Mr. Fezziwig's Christmas", a Dickens-style holiday party.

Opening on May 5 and running until July 4 is an exhibit entitled "Say It In Red". These hand-embroidered Redwork quilts from 1880 to 2010 are from the collections of Marilyn Crawford, Mary Young and others. The exhibit includes both antique pieces that give insight into women's work and attitude to life in the nineteenth and early twentieth centuries, as well as current pieces celebrating the 2010 Olympics. There will be a vernissage on May 8 from 2-4PM.

The big birthday "kick-off" will take place from 2-5PM on Saturday, June 26, at the old Wylie Home (81 Queen Street) which is now owned by Mary and Jim Hugessen. Mary is the grand-daughter of Mary and Alex Rosamond. The birthday party will be in the form of a lively Victorian Garden Party, and everyone connected with the MVTM is hopeful that lots of people will come and have a wonderful time. No presents please, but donations are gratefully appreciated. For more details please visit the museum's website <www.textilemuseum.mississippimills.com>.

When you visit your friend at the Millfall condos, consider that it was once filled with the roar of textile machinery. When you go the museum, take a minute to im-



Curator Michael Rikley-Lancaster invites everyone to visit the Textile Museum during their 25th year!

agine mill workers lining up for their paycheques. Look around and you'll see the many heritage buildings in town that they left for us. One of these buildings is St. Paul's Anglican Church, which was built by James Rosamond.

The name Rosamond has been associated with the Town of Almonte for a hundred years and their connection still exists. On April 24 of this year, Alex Hughes, the son of Norah Rosamond Hughes, was married to Miss Ellen Broughton in St. Paul's Church. Following their church ceremony, the happy pair hosted a gala reception for their family and friends at the Mississippi Valley Textile Museum.

Congratulations Alex and Ellen! And happy birthday MVTM!



Silver Creek

Strongly reminiscent of certain influences such as The Band, The Allman Brothers and Neil Young, but never coming even close to sounding like an imitation.

May 1st :: \$10



Montreal Guitar Trio

Described by the CBC as 'the hottest guitar ensemble in Canada'. Eclectic and passionate virtuosity with a stealthy sense of humour.

May 15th :: \$20



Lily Frost

A voice of beauty and an alluring and engaging stage presence to match. Last visit was Billie Holliday. This visit is Veridian Torch, her new album.

May 5th :: \$25



Russell DeCarle

Founding member, lead vocalist and bassist for Prairie Oyster. Twice a SOCAN Song of the year award winner. A voice that is as smooth as smooth gets.

May 22nd :: \$30



Trevor Alguire

Compared to artists such as Steve Earle and Blue Rodeo. Trevor tells tales of life on the road - his words painting pictures of his country and its people.

May 8th :: \$10



Justin Rutledge

Universally adored, Justin has shared a stage with Kathleen Edwards, Blue Rodeo, Hawksley Workman, Luke Doucet and Dolly Parton.

May 28th :: \$16

THIS MONTH @

neatTM

COFFEE SHOP

TICKETS?

Physically in BURNSTOWN
Acoustically at 613.433.3205
Virtually at www.neatfood.com

The Carp Farmers' Market

Eastern Ontario's largest
producer-based farmers' market.

Located at the Historical Fair Grounds in Carp Ontario,
just 20 minutes west of downtown Ottawa.

Our vendors are pleased to offer you a marvellously
local selection of fresh produce, flowers and plants,
prepared foods, artisans, crafters and a variety of
food court concessions throughout the seasons.

The market will be open from 8AM until 1PM from
Saturday May 8th to Saturday October 30th.

We are open rain or shine, free admission, free parking
and wheelchair accessible.

Please visit our website, carpfarmersmarket.com
for a full list of vendors, calendar of events,
directions and much more.



**CARP FARMERS'
MARKET**

**SATURDAYS 8 AM~1 PM
MAY to OCTOBER**

CP Celebrates Cinco de Mayo

Looking to spice up your spring with a little fiesta?
Visit downtown Carleton Place from May 5 to 9
for special Cinco de Mayo celebratory specials and
events, and don't miss the special **Mexican Fiesta
Marketplace** on Saturday, May 8.

Angela Robillard, owner of The Mexican Emporium
at 109 Bridge Street, is coordinating the festivities,
and has invited a number of other merchants
and special guests to join in the fun. The Mexican
Marketplace will run from 10AM-2PM on May 8, and
will feature live Latin music, entertainment, free helium
balloons, fun give-a-ways, the Mexican Loteria
game of chance, refreshments and more.

Special kid-focused events include an appearance by Little Ray's Reptiles at 11AM,
face painting, and a children's wall of art where budding artists can create their own
works on-site. Carleton Place's own Mexican restaurant, Tijuana Tilly's, will provide
refreshments downtown, and of course there are plenty of other great spots to grab a
bite, so plan to spend the day!

Look for the bright Mexican décor along Bridge Street, and make downtown
Carleton Place your destination for the day. For more information, call Angela at
492-0207.



Help Support Choir Trip

This month, the **Christ Church Cathedral Girls' Choir** will perform two free-will offering concerts in support of their trip to Washington National Cathedral.

First up is *Choral Bouquet* — a Mother's Day treat at Christ Church Cathedral on Sunday, May 9, at 4:30PM, with host Norman Fetterley. The concert will feature music by the popular British composer John Rutter, as well as works by Bob Chilcott.

The second show is entitled *Potpourri*, and takes place on Friday, May 14, at the

Almonte United Church, and Saturday, May 15, at Orleans United Church. Both concerts are at 7:30PM and will feature an enchanting blend of domestic and imported choral music including works by John Rutter, Eleanor Daley, Bob Chilcott, and will feature Timothy Piper's *The Mystic Centre*.

For more information about these performances, please visit christchurchcathedralottawa.ca, or call Timothy Piper at 236-9149 x20.

Mill Street Books Wants Your Stories!

Everyone has a bicycle story to tell, and new Almonte bookstore owners Terry and Mary Lumsden would like to hear yours! They are sponsoring the second annual Mississippi Mills Bicycle Month Writing Contest, to give you that opportunity.

In June, their **Mill Street Books** will open in the location previously occupied by The Miller's Tale. "What better way to celebrate the opening of our new store and the start of Bicycle Month than to sponsor a bike-themed writing contest," says Mary.

The bookstore will award prizes of \$200 cash, a \$100 gift certificate and a \$50 gift certificate for the winning entries, which must have a bicycle as an important part of the story. Entries should not exceed fifteen hundred words and should not have been previously published. To allow unbiased judging, the author's name, address, phone number and email address should appear on a separate sheet. The entry fee is \$10 per submission, and the deadline for submissions is June 6. Mail entries to: Bicycle Month Writing Contest, 52 Mill Street, Box 548, Almonte ON, K0A 1A0.

Judging will be done by Mary and two other local residents, and the winners will be announced on June 18 in the Old Town Hall. Their stories will be

featured on the Bicycle Month website. To see last year's first place entry, go to mmbicyclemonth.ca/writing-contest.

This contest continues the tradition introduced by Chris O'Brien of The Miller's Tale during last year's Mississippi Mills Bicycle Month. Judges read twenty-seven submissions from across Canada before selecting the three finalists. Mill Street Books is hoping to keep the judges even busier this year.

Bicycle Month's opening celebrations, scheduled for June 4, are designed to appeal to families and adults alike with a bike rodeo conducted by the OPP, helmet fittings, bicycle games, unicycle demonstrations, bicycle decorating, a parade and music. A highlight of this year's festival will be Bicycle World, on June 12 at the Pakenham arena, where exhibitors, demonstrators and special guests will showcase cycling trends, bicycle tourism opportunities, bike clubs and more. Throughout the month, the community will be abuzz with bicycle-inspired events such as art shows, movies, guided rides, bike clinics, community challenges and critical mass rides. To join in the celebrations, see www.mmbicyclemonth.ca or the June edition of *theHummm* for a complete list of activities.

— Terri Clarke

MISSISSIPPI MILLS BICYCLE MONTH



JUNE 2010
mmbicyclemonth.ca



Art — Out of the Attic and Into Your Home!

Art in the Attic!

It's spring! Flowers are blooming, birds are singing, and beside the rushing waters of the Mississippi River, the Almonte Old Town Hall sets the scene for the annual Art in the Attic Show and Sale. Local artists are unveiling unique and dramatic works on Friday, May 14 from 7-9PM, Saturday, May 15 from 10AM-7PM, and Sunday, May 16 from 10AM-4PM.

by Miss Cellaneous

This year's art show will also play host to Almonte and District High School's art students, under the guidance of their art teacher Mr. Treusch, as they dis-

play their artwork for your appreciation.

Art in the Attic features works by thirty established and emerging artists who belong to the Almonte & Area Artists' Association. Paintings in all media, drawings, fabric art, fused glass, photography, intarsia and wood turnings will be featured. The diversity of the artwork as well as its quality and affordability appeals to a wide audience. The historic Old Town Hall is located at 14 Bridge Street, in Almonte. Admission and parking are free and the building is wheelchair accessible. Visa, MasterCard, cheques and cash are accepted.

The Almonte & Area Artists' Association is a non-profit organization established in 1991

to encourage and develop high standards of visual arts by providing artists with opportunities for artistic inspiration, development and displaying their work in exhibitions, competitions and other art venues. New members are always welcome.

For further information please contact Laurel at 256-5863 or visit <www.4a-artists.ca>.

Red Trillium Tour

On May 8 and 9, the 34 artists of the Red Trillium Studio Tour welcome you to their twelve studios and gardens, located in the rural setting of West Carleton. You will find paintings in oils, acrylics, watercolours, and pencil crayons, as well as bookbinding, drawing, pottery, stained glass, woodwork, fabric art, Santa dolls, quilts, glass blowing, metal work, photography, sculpture, carving and jewellery. There are also several wonderful and very different gardens to be enjoyed. The Master Gardeners will be on hand to dispense free advice, and they also have a large number of great plants for sale.

Food can be obtained from one of the many great pubs and



Works by Barbara Wilson (above) and many other artists will be on display at the Dandelion Gardens Studio Tour

restaurants in the area. Find brochures and maps at many locations throughout the city, or from <www.redtrilliumst.com>. For more information, please call Catharine at 839-2793.

Dandelion Gardens Tour

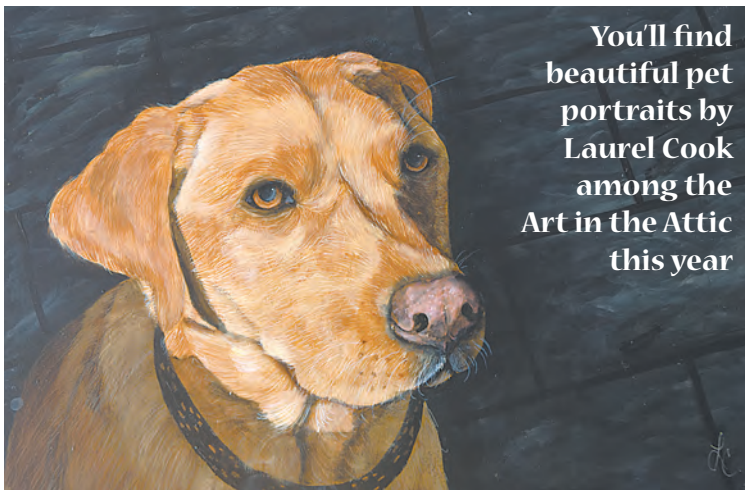
The annual Westport Area Dandelion Gardens Studio Tour is being held on the May long weekend (22nd to 24th) from 10AM to 5PM daily. The unique art includes magical photographic art, elegant flowing carved sculptures, fine bird carvings, traditional rug hooking, gorgeous comfortable clothing for adults and children, unique vintage fabric or handwoven throws, stained glass, copper, glass and wire garden sculptures, granite

and concrete birdbaths, gourd birdhouses and feeders, recycled farm equipment, unique pottery and painted items, architectural sculptures, heritage paintings, realistic landscape and wildlife paintings, woodturning, jewellery art, and much more. Some new studios and artists have joined the tour, making a total of nine studios hosting twenty-nine artisans for you to visit. Brochures are available at many locations in Eastern Ontario. You can also get more information from Loretta Moore at 273-8347 or <hookedonthelake@kingston.net>, or at <www.artatwork.ca/westport_studiotours/dandelions/index.htm>.

Call for Artists

Call for Artists

The Crown and Pumpkin Studio Tour is inviting applications for participation in the 14th annual tour, October 9, 10 and 11. The tour is based in Mississippi Mills but guests from outside the area are welcome. For information on the jurying process and application details, please send an email to <b.mullally@sympatico.ca> or call Barbara at 256-3647 or Karen at 256-8370.



You'll find beautiful pet portraits by Laurel Cook among the Art in the Attic this year

"I could see a great future for both my business and my family here in Almonte."



Tammy Connors has spent the past three years growing both her business and her family, and in the process has become an integral part of the downtown Almonte community. Back in 2007, with three month-old daughter Tara in tow, Tammy and her husband Al purchased Nordic Star, which is now located at 66 Mill Street. Since then the Connors have moved to Almonte, welcomed son Daniel to the family, and even lured Al's parents to town. Tammy has become an active member of both the Chamber and MAAP (Mainstreet Almonte Attraction and Promotion).

It was Tammy's passion for semi-precious stones that led her to open a store of her own. She has been creating beautiful jewellery with stones for years, and now has the perfect venue in which to display and sell her work. The jewellery is complemented by several lines of women's clothing as well as gifts that incorporate stones. This spring, Tammy is also offering beading classes so her clients can learn to work with gemstones and freshwater pearls to create their own signature pieces! For more details please visit www.nordicstar.ca.

Deeply appreciative of how she and her family have been welcomed to the area themselves, Tammy says her goal is "to have every person who walks through my door feel a part of this community — whether they live here or not!"



Tammy Connors — Mississippi Mills Chamber member since 2007



Visit us: www.mississippimills.com



Meet us:

May 26 — Mixer & AGM

With a President's Report (Gerry Turcotte), Treasurer's Report, nominations & election of new directors.

6PM at The Barley Mow

Chamber Golf Tournament

Wednesday, August 18 at the Mississippi Golf Club in Appleton. Register your foursome at Watt's Cooking (Pakenham), Don's Meat Market (Almonte) or www.mississippimills.com.

Join us:

To become a member of the Mississippi Mills Chamber of Commerce please email your request to manager@mississippimills.com. Members who attend our monthly MIXERS are eligible to win a business profile like this one!



FROM CONTEMPORARY



to Classic...



Reliable Heating & Cooling
will help create the perfect spot for you to curl up in comfort.

Now booking for summer installations. Reliable Heating & Cooling is locally owned and operated — proudly serving the Ottawa Valley.

Call 256-4328 or 1-877-857-4328, visit www.reliableheating.ca or come see our new showroom at 335 Christian Street in Almonte.

We are the Ottawa Valley's exclusive distributor of **HEAT & GLO**



What the Bees Know
 Lessons from the Beehive on
 Stewardship, Presence and Community

June 18 & 19, 2010, 9am-5pm

A two day workshop on bees, beekeeping and bee wisdom for our challenging times. Held at New Life Retreat, Lanark County. Facilitated by Madeline Dietrich

For more information or to register:
 613-852-4072 or
www.madelinedietrich.com

**Pick up *theHumm* in Perth at
 RIVERGUILD FINE CRAFTS**

The tradition continues...




**Westport
 Antique
 Show & Sale**

June 5 & 6
 Saturday 10AM-5PM
 Sunday 10AM-4PM

Westport Arena
 Corner of Spring and Concession Streets

Doug Stroud 613-850-5446
www.antique-shows.ca




The Perfect Getaway!

Beautiful Setting on Mill Pond

Lake Views

Ensuite Spa Tub Rooms

Open All Year



The Roberts House
 BED & BREAKFAST

18 Main Street • Westport, Ontario
 613-273-8181 • www.therobertshouse.com

A Sure Sign of Spring

With the signs of spring all around us, from the warming of the sun to the scent of fresh blooms in the air, the **Brooke Valley Spring Tour** is taking place again over the Victoria Day long weekend, May 22, 23 and 24. Located just west of Perth, the tour, now in its fourth year, offers the works of a wide variety of accomplished and well-known artists, as well as delicious food and free chamber music recitals. Whether looking for that perfect one-of-a-kind piece for cottage, home or garden, you are sure to find it on this studio tour.



Stunning custom-built cedar strip boats by Brent Kirkham will be featured at Studio 1 on this year's Brooke Valley Spring Tour, from May 22-24

This year's artists include Brent Kirkham at studio 1, displaying his custom-built cedar strip boats, furniture, paddles and gift items, with guest artist Aili Kurtis presenting vibrant Canadian landscapes in oils, acrylics and pastels. At studio 2, well-known potter Rita Redner offers her beautiful and functional salt fired pottery, while guest Steven Clark exhibits his stunning, finely-crafted jewellery in gold, silver and stone. At studio 4, long-time Brooke Valley resident Dawn King presents interesting, practical garden furniture and accessories built from local, sustainable white cedar. Dawn's guest this year will be Diane Woodman with her luxurious handmade soaps, both scented and unscented. At Dunn Sohn's studio 6, you will find turned and sculpted pieces in rich hardwoods, as well as ergonomic rocking chairs and unique waterproof wooden sinks. Joining Dunn are: Heather Sherratt with her fashionable handwo-

ven garments incorporating interesting designs, textures and colours; Sarah Hale displaying her intricate batik creations inspired by the local countryside; and Jane Cass presenting eye-catching and sometimes haunting photographs taken throughout Eastern Ontario.

As a special treat, luncheon will be served between 11AM and 3PM each day at stop 3, with hosts John and Shirley Lianga serving up delicious ethnic cuisine (including vegetarian choices), desserts and beverages. You may choose to eat indoors in the cozy living room of their handmade home, or outdoors amid their beautiful gardens. This year, all lunch proceeds will be generously donated to the Lanark County Grannies and the Stephen Lewis Foundation, to support African grandmothers whose children

have died of HIV/AIDS. Members of the Grannies will be the luncheon support staff and information on the Grannies and the Stephen Lewis Foundation will be available for you to peruse as you await your orders.

Last, but certainly not least, free and very entertaining chamber music recitals are being offered at stop 5 each day at 1:30PM and 3PM by renowned former Montreal Symphony Orchestra musician and conductor Richard Hoenich (and friends).

Good food, beautiful music and a wide variety of unique and creative art is a perfect recipe for a wonderful day in the country. For more information and directions to this well-marked tour route, go to <brookevalleyspringtour.ca> or watch for brochures distributed throughout Kingston, Ottawa, Perth and Eastern Ontario.



almonte condominiums

Urban meets rural in lifestyle,
 contemporary meets historic in design.

A booming mill town at the turn of the last century, Almonte is currently experiencing a contemporary revival as a vibrant and authentic neighborhood on the waterfalls of the Mississippi River.

Walk along the river to a favourite restaurant or coffee shop.
 Or stroll along the main street and pick up your supplies for tonight's dinner.

All within steps of home.

the VICTORIA WOOLEN MILL



AVAILABLE NOW
 residential
 and commercial
 CONDOMINIUMS



COMMERCIAL UNITS
 are being purchased as investments
 and as future residential suites

Only 3 residential units remain available at the Thoburn Mill!

Visit us at almontecondos.com or call 613 256 9306 to arrange a visit.

[almonte heritage redevelopment group](http://almonteheritageredevelopmentgroup.com) • www.redalmontecondos.ca

Jasper Station Opens Smiths Falls Theatre

Jasper Station, with music and lyrics by Steve Thomas and book and lyrics by Norm Foster, is the perfect vehicle to open the new Station Theatre in Smiths Falls.

Jasper Station is the heart-warming story of six characters coming together in a train station in Jasper, Alberta. They are all heading to Vancouver to chase their dreams or to build new lives. There's 31-year-old Henry heading to Vancouver for his last chance at an NHL career; Rebecca, a cub reporter in search of the "big story"; Stirling, accountant by day, songwriter by night; Nikki with plans for a whole new world; and Emeline

who just wants something better. Pulling it all together is Bert, the station manager, crusty but caring. Rounding out their stories are various characters from their pasts. Will it happen for them? Where will they all be in five years? It's hard not to root for these travellers with their dreams of new and better lives.

Director Jeremy Dutton has brought together a gifted ensemble that charms and delights with the actors' enthusiasm and compassion for their characters, and delightful musical interpretation of Foster and Thomas's lyrics. *Jasper Station* features Katharine Coleman, Raynee Doner-Hodge,

John Eastcott, Nancy Kerr-Wilson, Sandy Rankin, Garry Welsh and Don Willmer. They are all experienced actors with fine singing voices. Jeremy's love of musical theatre and his experience in bringing Norm Foster's material to life on stage is evident.

What better place to mount a production set in a train station and a story about following your dreams than the new Station Theatre in Smiths Falls? Located in part of the current Via Rail train station on Victoria Avenue, the Station Theatre is the result of a group of dedicated and gifted people who followed through on a dream of building a theatre in Smiths Falls. The ten-year dream comes to life on opening night of *Jasper Station*, May 14 at 8PM.

The Station Theatre is the result of dreaming big, taking your time and staying true to a vision. It is an exquisite space. Respecting the architectural integrity of the space, a state-of-the-art theatre has been created. Audiences will be delighted with the comfortable seating, perfect sight-lines, easy accessibility and welcoming lobby space. Actors and production crews will be thrilled with the spacious dressing rooms, ease of accessibility to the stage and backstage area,



The culmination of a ten-year labour of love, Smiths Falls' new Station Theatre will mount its inaugural production this month

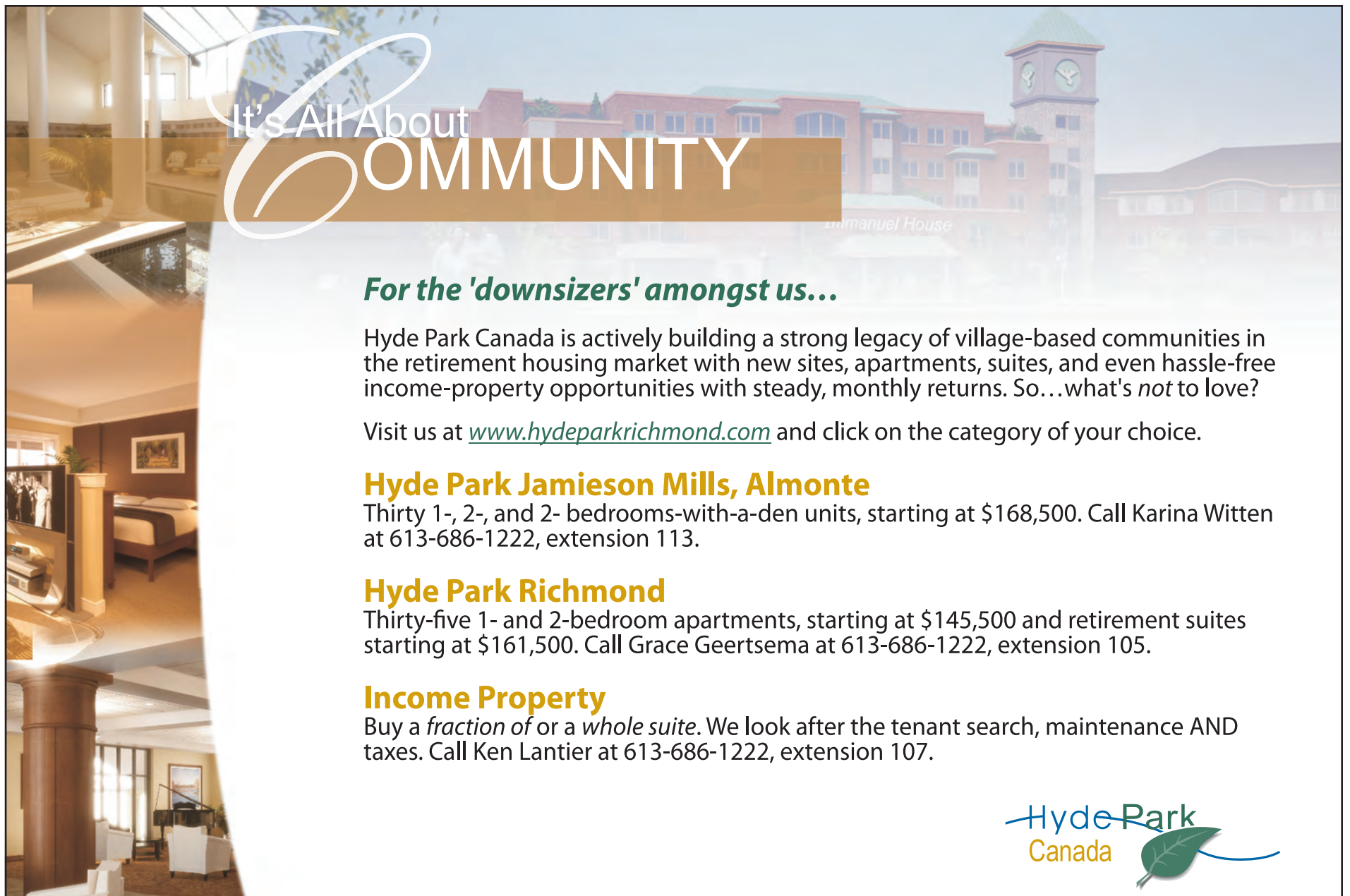


the high quality lighting and sound systems, and the creative possibilities of the performance space, including the delightful balcony at stage right. The lobby is spacious and bright, opening to the original beams above and a walkway that will stimulate the imagination. The decoration and lighting result in a sophisticated venue that will make going to the theatre a very special experience. The many people who dreamed big and worked so hard are to be congratulated for what they have accomplished.

Jasper Station runs May 14, 15, 21 and 22 at 8PM and May 16 and 23 at 2PM. Tickets are \$20 and are available in Smiths Falls at the Kiosk at County Fair Mall and Special Greetings at 5 Russell St., and in Perth at Pauline Aunger Real Estate on Gore St.

Come and enjoy this heart-warming musical comedy in a space that must be seen to be truly appreciated. The Station Theatre is located at 14 Victoria Avenue, Smiths Falls. You will not be disappointed.

— Joan Frommer



It's All About
COMMUNITY

For the 'downsizers' amongst us...

Hyde Park Canada is actively building a strong legacy of village-based communities in the retirement housing market with new sites, apartments, suites, and even hassle-free income-property opportunities with steady, monthly returns. So...what's *not* to love?

Visit us at www.hydeparkrichmond.com and click on the category of your choice.

Hyde Park Jamieson Mills, Almonte


Thirty 1-, 2-, and 2- bedrooms-with-a-den units, starting at \$168,500. Call Karina Witten at 613-686-1222, extension 113.

Hyde Park Richmond

Thirty-five 1- and 2-bedroom apartments, starting at \$145,500 and retirement suites starting at \$161,500. Call Grace Geertsema at 613-686-1222, extension 105.

Income Property

Buy a *fraction* of or a *whole suite*. We look after the tenant search, maintenance AND taxes. Call Ken Lantier at 613-686-1222, extension 107.



Welcome to the Smiths Falls Scene

Hello from Smiths Falls! This community is really starting to “hum”, so I thought it was time for us to take our place alongside our neighbouring communities on the pages of this monthly arts, entertainment and ideas paper.

My wife and I have lived in Lanark County for fifteen years and have become

by *Joffre Ducharme*

quite familiar with the rich tapestry of artistic and cultural events and activities enjoyed by the residents of our beautiful small towns. Last summer, we moved to Smiths Falls. Month after month since our arrival, we have had the pleasure of discovering our new community’s treasures. My hope is to take you along for the ride as I continue to discover the simple sensations that Smiths Falls offers for both cultural enrichment as well as entertainment and artistic pleasure.

For a taste of future articles, check out this list of just some of my discoveries over the last few months...

On Russell Street West is **Davidson’s Courtyard**, a lovingly restored and renovated (by Tony Humphrey) enclave with old world charm, which offers several unique shops and a relaxing café. Among them, you will find The Gilded Corner art and picture framing shop owned by Amy Blair. These days, local painter Nora Brown’s art work adorns the walls of the shop and the café next door. You may have caught Sally Hansen’s excellent feature article on Nora’s work and the Gilded Corner in her

“Art and Soul” column in the April Humm.

When you walk out of Davidson’s Courtyard, turn right, cross Beckwith street, and on your left is another recent addition to the downtown scene: **Coffee Cultures**, where French bistro meets new age café. Come on in with your laptop or with the family and enjoy the totally renovated interior which includes a warming fireplace and a big screen TV. Tony Jenkins, (I know, another Tony) owner, and his family will greet and serve you with a smile.

A few blocks down Beckwith Street and across the bridge which spans the Historic Rideau River and Canal, a recently designated UNESCO World Heritage Site, you will find the **Kilt and Castle**, another new eatery in town. Again, a successful restoration project tackled by the owners, Linda and Andy (no, not Tony) Stewart, has turned the historic Roclyn House into an authentic Scottish pub which offers everything from traditional pub fare and extensive beer selection to gourmet dining. You could also spend a warm afternoon sipping on a Guinness on the covered wraparound Victorian veranda.

Wow, I could fill another page or two with paragraphs on restaurants and eateries, but I’ll stop here for now. Hmmm... is eating my priority?

OK, how about museums? So far I’ve discovered three major ones. The **Heritage House Museum**, which also houses the Lanark County Genealogical So-



Meet photographer Mike Laking, <mikelaking.com> at Spotlight on the Rideau on May 8

ciety’s Library, is located at 11 Old Sly’s Road. It is open daily from 10:30AM to 4:30PM starting May 1 until December 23. Got to go there soon. The **Rideau Canal Museum**, flagship interpretation centre for the Rideau Canal, can be found in an historic 19th century stone building on Beckwith Street. I guess this one will really take off now, following the UNESCO Heritage Site designation for the Rideau Canal. And, last but not least, The **Railway Museum of Eastern Ontario** occupies a ten-acre historical railway environment surrounding a beautifully restored Canadian Northern Railway Station, built in 1914.

Moving on to the theatre scene, well, talk about “new”. Ten years in the making, the first formal home for our own **Smiths Falls Community Theatre** just opened its doors with a Gala evening celebration on April 24.

The brainchild of Pat Smith, who has guided this project through a decade of stop-and-go progress, will come to light with its first stage production on May 13–15 and 20–22. The first play to be performed on the new boards is most appropriately *Jasper Station*, by acclaimed playwright Norm Foster. So you know they’re starting off with a good one. I plan to be at one of the first showings, so I can share my experience with you here next month. But of course you will probably have seen it too.

What else is new in Smiths Falls, you may ask. Well, how’s this for a bright new venture? **Spotlight on the Rideau**, an arts and gifts shop located in the Chambers Street Shopping Plaza, has over four thousand

square feet of delightful gifts and displays on two floors. Dedicated to promoting local talent, the owners, Susan and Brock (see, no Tony) Fournier, launched their lower level art gallery with a wine and cheese vernissage on April 9. Laurie Sponagle and Katherine Christensen, well-respected and accomplished local artists whose works are on display at the gallery until the end of June, were on hand during the opening weekend to meet and chat with patrons and customers.

On a final note for this month’s installment, it was nice to learn from Kris Riendeau that *theHumm* is printed right here in Smiths Falls by Performance Printing. I told you we were “humming”!

— *Joffre Ducharme is a local photographer and writer. Reach him at <cjoffrecare@yahoo.ca>.*

BLUES ON THE RIDEAU
THE COVE INN WESTPORT, ON
 MAY 14
 2009 MAPLE BLUES AWARD
 BEST NEW GROUP OF THE YEAR
BLACKBURN
 PROCEEDS TO RIDEAU DISTRICT MUSEUM
 & GILDA’S CLUB FOR CANCER FAMILIES
BUFFET DINNER & SHOW \$55
 ADVANCE RESERVATIONS REQUIRED (613) 273-3636
 ACCOMMODATIONS AVAILABLE AT THE COVE & NEARBY B&B’S
 VISIT www.choosetheblues.ca FOR FULL INFO ON THE SERIES

THE ASHTON STORE
 Since 1851

Knitting Yarns & Patterns
 Groceries ~ Giftware
 Village Treats ~ Local Cheeses

613-257-2296
 8981 Flewellyn Road ~ Ashton Ont.
www.theashtonstore.ca

Fresh Coffee ~ Muffins ~ Sandwiches ~ Snacks ~ Ice Cream ~ Drinks

ART IN THE ATTIC
 14 BRIDGE ST
 ALMONTE, ON

LMONTE OLD TOWN HALL
 PRESENTED BY ALMONTE AND AREA ARTISTS ASSOC.

FRIDAY 14TH MAY
 7:00PM - 9:00PM
 GRAND OPENING

SATURDAY 15TH MAY
 10:00AM - 7:00PM

SUNDAY 16TH MAY
 10:00AM - 4:00PM

FREE ADMISSION
www.4a-artists.ca

the NEW ART festival

Central Park, Glebe

June 5 & 6

Free Admission
 10AM to 5PM

Juried Visual Art,
 Music, and Local Food

artinfoboy.org

Claiming Column

Bicycle Month, Mississippi Mills, June
 Lynn Miles, Perth, Jun 4
Good Times Party, Westport, Jun 5
Art Show & Sale, Westport, Jun 5-6
Westport Antique Show, Jun 5-6
Doors Open Ottawa, Jun 5-6
Buddhism Talk, Perth, Jun 6
The Town Singers, Carleton Place, June 8
Valley Youth Talent Show, CP, Jun 12
Weaving/Spinning Equipment Sale, McDonalds Corners, Jun 12
LAWS Kitten Shower, Smiths Falls, Jun 15
Pakenham Fiddle & Stepdance Competition, Jun 18 & 19
BOTR Concert, Westport, Jun 19
Beatlejuice in the Barn, Lanark, Jun 19
Affair of the Arts, Burnstown, Jun 25-27
Rideau Lakes Studio & Garden Tour, Rideau Lakes, Jul 3-4
Celtfest, Jul 9-11
Art on the Lawn, Perth, Jul 10-11
Almonte Fair, Jul 16-18

Visual Arts

Kanata Artists Studio Tour, Apr 30-May 2. www.kanataartists.com.
Vernissage, May 2, 2-4PM. "Textiles, Needles & Threads" by The Studio Inspirations Group. www.artmad.ca, 836-1100. Art Mad, 1300 Stittsville Main St.
Arnprior Traditional Rug Hooking Get Together, May 5, 6:30-9PM. kat153@yahoo.com. Arnprior Library
Vernissage, May 7, 7PM-9PM. Featuring artist/photographer Bev Relfe. 253-8088, Brush Strokes, 129 Bridge St., CP
Red Trillium Studio Tour, May 8 & 9, 10AM-5PM. www.redtrilliumst.com, 839-2793. West Carleton
MVTM show opening, May 8, 2-4PM. "Say it in Red" redwork quilting pieces. Info: 256-3754 Mississippi Valley Textile Museum, 3 Rosamond St. E. Almonte
Almonte Area Artists' Association, May 10, 7-9PM. 256-5863, www.4a-artists.ca. Almonte Library
Arnprior Quilters' Guild, May 12, 6:30-8:30PM. \$5 entry. Christian Education Centre, 257 John St. N. Arnprior
Art in the Attic, May 14 (7-9PM), 15 (10AM-7PM), 16 (10AM-4PM). Almonte & area's largest art show. www.4a-artists.ca. Almonte Old Town Hall
Almonte Quilters Guild, May 17, 7PM. "Quilts of Valour". Almonte Civitan Hall
Photography Matters Meeting, May 19, 7PM. kbthomp@295.ca. Waterside Park, 105 McNeely Ave. Carleton Place
Flippin' Art Night, May 20, 5-8PM. Featured artists: Jo-ann Zorzi and Claire Flowers. 253-7400, Ballygiblin's, 151 Bridge St. CP
Brooke Valley Spring Tour, May 22-24, 10AM-5PM. www.brookevalleyspringtour.ca
Dandelion Gardens Studio Tour, May 22-24, 10AM-5PM. 273-8347 or hooke-donthelake@kingston.net. Westport
Lanark County Quilters Guild, May 25, 6:30PM. \$3. Info at 267-3178. Lions Hall Perth Fairgrounds Perth
Lanark County Knitting Guild, May 25, 7PM. Guests \$3. Almonte United Church

Literature

Free Comic Book Day, May 1, 11AM-2PM. Start at Heroes Lounge (152 Bridge St.), visit other shops, get free comics! store@heroeslounge.com. Carleton Place
Slam Series 2010, May 17, 6:30-9:30PM. Qualifying SLAM for the 2010 season. \$5 at the door. CP Cinemas, Carleton Place
Vine Rhymes, May 21, 7-9PM. An evening of original songs & poems. Spotlight On The Rideau, 21 Chambers St., Smiths Falls

WHAT'S ON IN

Monday	Tuesday	Wednesday	Thursday
<p>Almonte Library Corridor Gallery presents Catharina Breedyk Law, textile art Art Mad in Stittsville presents The Studio Inspirations Group's "Textiles, Needles & Threads" <www.artmad.ca> Baker Bob's Gallery in Almonte presents acrylics on canvas by Phyllis Moore Brush Strokes in Carleton Place presents artist/photographer Bev Relfe <www.brushstrokesart.ca> Gallery on Main in Westport presents HollyO's florals in acrylic <www.galleryonmain.ca> Gallery Perth presents local art <www.galleryperth.com> Philip K. Wood Gallery in Almonte presents "Times Eight" Mississippi Mills Chamber Gallery presents Barbara Cotterill, acrylic & mixed media Mississippi Valley Textile Museum presents "Say it in Red" & "Weaving a Different View" <www.textilemuseum.mississippimills.com></p>	<p>Food & Wine Gala, Almonte Spring Into Fashion!, Perth</p>	<p>♪ Lily Frost, Neat Coffee Shop CPHS Talent Show, Carleton Place Arnprior Rug Hooking Get Together, Arnprior The Truth about Teenage Suicide, Perth ♪ CP Celtic Jam, Ballygiblin's ♪ The Brothers Chaffey, Heirloom Café ♪ Open Mic, The Barge on the Miss</p>	<p>♪ Peter Brown Jazz Duo, St. James Gate ♪ Terry Tufts, The Barley Mow ♪ Karaoke, The Barge on the Miss</p>
<p>Mayan Code Study Group, Almonte Almonte Area Artists' Association, Almonte</p>	<p>Green Drinks, Perth ♪ Mississippi Blues Society Jam, Thirsty Moose</p>	<p>♪ Arnprior Quilters' Guild, Arnprior ♪ CP Celtic Jam, Ballygiblin's ♪ The Last Resort, Constance Bay ♪ Open Mic, The Barge on the Miss</p>	<p>Cooking on a Dime, Lanark ♪ Peter Brown Jazz Duo, St. James Gate ♪ Grease, Perth ♪ Terry Tufts, The Barley Mow ♪ The Last Resort, Constance Bay ♪ Karaoke, The Barge on the Miss</p>
<p>📍 Slam Series 2010, Carleton Place 📍 Almonte Quilters Guild, Almonte</p>	<p>📍 James Bond - Moonraker, Carp</p>	<p>📍 Photography Matters Meeting, CP ♪ CP Celtic Jam, Ballygiblin's ♪ Autumn's Canon, Heirloom Café ♪ Open Mic, The Barge on the Miss</p>	<p>Flippin' Art Night, Carleton Place MVFN Spring Gathering, Carleton Place ♪ Jazz Night, The Cove ♪ Peter Brown Jazz Duo, St. James Gate ♪ Terry Tufts, The Barley Mow 📍 The Mousetrap, Perth ♪ Karaoke, The Barge on the Miss</p>
<p>📍 Brooke Valley Spring Tour, near Perth 📍 Dandelion Gardens Studio Tour, Westport Ladies' Night, Perth</p>	<p>📍 Lanark County Quilters Guild, Perth 📍 Lanark County Knitting Guild, Almonte</p>	<p>Red Hat Queen's Luncheon, CP MM Chamber AGM, Almonte ♪ CP Celtic Jam, Ballygiblin's ♪ Open Mic, The Barge on the Miss</p>	<p>♪ Jazz Night, The Cove ♪ Peter Brown Jazz Duo, St. James Gate ♪ Terry Tufts, The Barley Mow ♪ Karaoke, The Barge on the Miss</p>

Kids

Families in Nature, May 2, 1:30-3:30PM. Search for beaver, birds & edible buds. www.carpridgelearningcentre.ca Carp Ridge Learning Centre, 2386 Thomas Dolan Pkwy, Carp
Bike Rodeo, May 16, 10AM-3PM. With safety checks, raffles & BBQ. Info: 267-3200. Conlon Farm, Perth
The Herb Garden presents **Mugwort Herbology for Kids**, May 22, 9AM-12PM. \$25 per session / \$100 for 5 sessions;
Kid's Container Workshop, May 29, 10AM-12PM. \$10, reserve at 256-0228. 3840 Old Almonte Rd.
Coffee House/Film Showcase, May 28, 7-10PM. Local youth (12+) contribute art, music, poetry/spoken word. 256-8485, julie@typsyouthcentre.org. Almonte Old Town Hall

Theatre

Rent, May 1 (8PM), May 2 (2PM). \$25 from 267-9610 or www.myriadcentre.com. Myriad Centre, 1 Sherbrooke St. Perth
Second Chances, May 1 at 7:30PM, May 2 at 10AM & 3PM. Donations welcome. 836-4962. Stittsville United Church
Joseph, May 1, 7:30PM, May 2 at 2:30PM. \$12 from Baker Bob's, Equator. 256-1470. Almonte H.S., 126 Martin St.
CPHS Talent Show, May 5 at 7PM. \$3 (\$2 with food bank donation) at the door. Carleton Place High School.
The Last Resort, May 12-15, 8PM; May 15, 2PM. Rural Root Theatre, 832-1070, www.rural-root.org. Constance Bay Com. Centre
Grease, May 13-15, 7PM. Perth Academy of Musical Theatre. Tickets \$8 at 267-9610. Myriad Centre 1 Sherbrooke St. Perth
Jasper Station, May 14, 15, 21, 22 at 8PM; May 16, 23 at 2PM. \$20 at the Kiosk at County Fair Mall. Station Theatre, Smiths Falls

An Evening of Romance, May 16, 6PM. Perth Film Society. \$5. 267-9610 Myriad Centre, 1 Sherbrooke St. Perth
James Bond - Moonraker, May 18, 6PM museum tour, 7PM movie. Reserve at 839-0007. The Diefenbunker, Carp Rd.
The Mousetrap, May 20-22, 28-30, 8PM; May 23, 30, 2PM. \$18 in adv (Shadowfax, Book Nook), \$20 at door. 267-SHOW. The Studio Theatre, 63 Gore St. E. Perth
Mark Twain on the Mississippi, May 21, 7PM. David Jacklin's 1-man show. \$25 from 132 Coleman St. 257-2031. Arts CP Fundraiser. St. James Church, CP
As You Like It, May 28, 29, 7PM. Perth Academy of Musical Theatre. \$8 at 267-9610. Myriad Centre, 1 Sherbrooke St. Perth
Spiritual Cinema Circle, May 30, 2PM. Short: Army of Happiness. Film: Wondrous Oblivion. \$2 donation. fp@superaje.com. Myriad Centre, 1 Sherbrooke St. Perth

Music

Ian Tamblyn, May 1, 2PM The Art of Song-writing, \$25. 7:30PM concert, \$25. Call 256-7464 to register. Mississippi Mills Musicworks 453 Ottawa St. Almonte
Oddities Choral Concert, May 1, 7:30PM. \$5 from Shadowfax or at the door. PDCI Auditorium, 13 Victoria St. Perth
Fiddler's Friends, May 2, 1PM. \$15 at Couples' Corner & The Miller's Tale (256-9090). 256-3786. Almonte Old Town
Country Gospel Music, May 2, 7PM. The Old Hims. Freewill offering for church repairs. Westport United Church
Now is the Month of Maying, May 2, 7:30PM. 2 choirs, talented soloists & ensembles. \$10 each or \$20 for a family. St. Paul's United Church, Perth
Country/Rockabilly Concert, May 7, 8PM. Hugh Scott & Freddy Dixon. \$22.50 in adv. from Shadowfax (267-6817); \$25 at the door. Studio Theatre, Perth

MAY 2010

Friday

Saturday

Sunday

<p>Breakfast With Soul, Almonte Kanata Artists Studio Tour Live Music, The Stone House Peter Pan, Perth High School Reunion, The Musical, CP Joseph and the Amazing Technicolor Dreamcoat, Almonte Rent, Perth DJ/Dancing, The Barge on the Miss Open Mic, The Downstairs Pub</p>	<p>Art Exhibit, Westport Community Yard Sale, Almonte Kanata Artists Studio Tour Free Comic Book Day, Carleton Place Ian Tamblyn, Almonte Cal Cummings & Friends, The Stone House Ben San Pedro, The Cove Silver Creek, Neat Coffee Shop Oddities Choral Concert, Perth Second Chances, Stittsville High School Reunion, CP Joseph, Almonte Kirk Armstrong, St. James Gate Shotgun Kiss, The Downstairs Pub</p>	<p>Second Chances, Stittsville Kanata Artists Studio Tour Valley Singles Club, Renfrew Hike for Hospice Palliative Care, CP Fiddler's Friends, Almonte Families in Nature, Carp Rent, Perth Vernissage, Stittsville APEX Jazz Band, The Royal Oak Second Chances, Stittsville Semi-Acoustic Jam, The Stone House Country Gospel Music, Westport Now is the Month of Maying, Perth Sunday Sessions, Ballygiblin's</p>
<p>Mario Franco & Son, The Cove Jazz at the Swan, The Swan at Carp Live Music, The Stone House Vernissage, Carleton Place Country/Rockabilly Concert, Perth Karaoke, The Downstairs Pub DJ/Dancing, The Barge on the Miss</p>	<p>Birding with Roger Byrd, Almonte Carp Farmers' Market Opens, Carp Perth Farmers' Market Opens, Perth Franktown Run, Franktown Mexican Fiesta Marketplace, Carleton Place Red Trillium Studio Tour, West Carleton EcoWellness Open House, Carp MVTM show opening, Almonte Trevor Alguire, Neat Coffee Shop Ben San Pedro, The Cove Voices for Africa, Almonte Brea Lawrenson, St. James Gate Axe 2 Grind, The Downstairs Pub</p>	<p>Red Trillium Studio Tour, West Carleton Magnolia Rhythm Kings, The Royal Oak Semi-Acoustic Jam, The Stone House Sunday Sessions, Ballygiblin's</p>
<p>Blues on the Rideau, The Cove Live Music, The Stone House Grease, Perth Art in the Attic, Almonte Christ Church Girls' Choir, Almonte Swing/Ballroom Dance Evening, Perth The Last Resort, Constance Bay Jasper Station, Smiths Falls DJ/Dancing, The Barge on the Miss Billy Armstrong, The Downstairs Pub</p>	<p>Farmers' Market Garage Sale, CP Smiths Falls Farmers' Market opens LAWS Woolstock Fun-raiser, Smiths Falls Almonte Farmers' Market opens Earth Changes Talk, Almonte Art in the Attic, Almonte Montreal Guitar Trio, Neat Coffee Shop Grease, Perth Richard Brooks, St. James Gate Evening of Country Music, Perth The Last Resort, Constance Bay Jasper Station, Smiths Falls Kyle Spinks, The Downstairs Pub</p>	<p>Straw Bale Open Houses, Ontario Bike Rodeo, Perth Traditional Song Circle, Almonte Jasper Station, Smiths Falls APEX Jazz Band, The Royal Oak Semi-Acoustic Jam, The Stone House An Evening of Romance, Perth Art in the Attic, Almonte Sunday Sessions, Ballygiblin's The Last Resort, Constance Bay</p>
<p>Mario Franco & Son, The Cove Vine Rhymes, Smiths Falls Jazz at the Swan, The Swan at Carp Live Music, The Stone House Mark Twain on the Mississippi, CP The Mousetrap, Perth Jasper Station, Smiths Falls Karaoke, The Downstairs Pub DJ/Dancing, The Barge on the Miss</p>	<p>Herb Garden Open House, Almonte Franktown Lilac Festival, Franktown Plant Sale, Westport Plant Sale, Almonte Westport Farmers' Market, Westport Mugworts Herbology for Kids, Almonte Brooke Valley Spring Tour, near Perth Dandelion Gardens Studio Tour, Westport Russel DeCarle, Neat Coffee Shop Ben San Pedro, The Cove The Diplomats, St. James Gate Jasper Station, Smiths Falls The Mousetrap, Perth</p>	<p>Dandelion Gardens Studio Tour, Westport Brooke Valley Spring Tour, near Perth The Mousetrap, Perth Jasper Station, Smiths Falls Magnolia Rhythm Kings, The Royal Oak Semi-Acoustic Jam, The Stone House Sunday Sessions, Ballygiblin's</p>
<p>Breakfast With Soul, Almonte Mario Franco & Son, The Cove Justin Rutledge, Neat Coffee Shop Coffee House/Film Showcase, Almonte Live Music, The Stone House As You Like It, Perth The Mousetrap, Perth DJ/Dancing, The Barge on the Miss Billy Armstrong, The Downstairs Pub</p>	<p>Farmers' Mkt Home Party Day, CP New Energy Circle, Almonte Children's Container Workshop, Almonte Wine'd Around Downtown, CP Chicken & Rib Night, Westport As You Like It, Perth Almonte Contra Dance, Old Town Hall Sounds Sweet, St. James Gate The Mousetrap, Perth Johnny Spinks & Kool Water, The Downstairs Pub</p>	<p>The Mousetrap, Perth Spiritual Cinema Circle, Perth APEX Jazz Band, The Royal Oak Semi-Acoustic Jam, The Stone House Gemini Delight Concert, Almonte Sunday Sessions, Ballygiblin's</p>

Voices for Africa, May 8, 7PM. Eats, Auction and gospel music. \$25, \$20 students, from Baker Bob's. Almonte United Church

Blues on the Rideau, May 14, 7-10PM. With Blackburn. www.choosetheblues.ca. \$55 for buffet and show. 273-3636. The Cove Inn, 2 Bedford St. Westport

Swing/Ballroom Dance Evening, May 14, 7:30-11:30PM. With Standing Room Only. \$25. Perth Civitan Hall

Christ Church Cathedral Girls' Choir, May 14, 7:30PM. girlschoir.cathedral@gmail.com, Almonte United Church

Evening of Country Music, May 15, 8PM. Rebekka Paige & Band. \$21.50 at Shadowfax, or 1-800-518-2729. \$25 at the door. Studio Theatre, 63 Gore St. E. Perth

Traditional Song Circle, May 16, 2-4PM. Come to sing or enjoy. Info at 256-2689. Barley Mow Pub (Upstairs), Almonte

Almonte Contra Dance, May 29, 8-10PM. Beginners at 7:30PM. \$10, 256-2689, almontecontra.ca. Almonte Old Town Hall

Gemini Delight Concert, May 30, 7:30PM. The Valley Voices Choir & friends. \$7 at the door. Almonte Old Town Hall

Jazz at the Swan (The Swan at Carp, 839-7926) 7-10PM. May 7, 21

The Downstairs Pub at JR's (385 Ottawa St., Almonte, 256-2031) Fri. 9PM-no cover, Sat. live music at 9PM-\$4 cover.
 May 1 Shotgun Kiss
 May 7 & 21 Karaoke
 May 8 Axe 2 Grind
 May 14 Billy Armstrong
 May 15 Kyle Spinks
 May 28 Billy Armstrong
 May 29 Johnny Spinks & Kool Water

St. James Gate (111 Bridge St., Carleton Place, 257-7530): Peter Brown Jazz Thur. (7-10PM), Live at the Gate Sat. (8-10PM).
 May 1 Kirk Armstrong
 May 8 Brea Lawrenson
 May 15 Richard Brooks
 May 22 The Diplomats
 May 29 Sounds Sweet

The Royal Oak (329 March Rd. Kanata, 591-3895): Sunday jazz (3-6PM), no cover.
 May 2, 16, 30 APEX Jazz Band
 May 9, 23 Magnolia Rhythm Kings

The Stone House Bar & Grill (3740 Carp Rd., Carp, 839-1091), Whiskey Mike Thur. (7-11PM), Live Music Fridays (7-11PM); semi-acoustic jam Sundays (5-10PM).

The Cove (2 Bedford St., Westport, 273-3636), Mario Franco & Son Fri. (6-9PM), Ben San Pedro, Terry Cowan Sat (6-9PM)
 May 20 & 27 Jazz Night

The Barley Mow (79 Little Bridge St. Almonte, 256-5669): Terry Tufts Thur (8-11PM).

Ballygiblin's Restaurant & Pub (151 Bridge Street, Carleton Place, 253-7400): CP Celtic Jam Wed. (8-10PM) (davidh@rogers.com), no cover; Peter Brown, Roger Plant & Friends Sun. (8-11PM)

The Barge on the Miss (142 Bridge St., Carleton Place, 253-7066): Open Mic Wed. (8:30PM-close), Karaoke Thur. (9PM-close), DJ/Dancing Fri. & Sat.

Heirloom Café/Bistro (7 Mill St., Almonte, 256-9653): Live Music every other Wednesday (8-11PM). No cover.
 May 5 The Brothers Chaffey
 May 19 Autumn's Canon and Guests

Neat Coffee Shop (1715 Calabogie Rd., Burnstown, 433-3205), music (6-11PM)
 May 1 Silver Creek, \$10
 May 5 Lily Frost, \$25
 May 8 Trevor Alguire, \$10
 May 15 Montreal Guitar Trio, \$20
 May 22 Russell DeCarle, \$30
 May 28 Justin Rutledge, \$16

Community

Community Yard Sale, May 1, 10AM-4PM. The Herb Garden, Almonte 256-0228

Valley Singles Club, May 2, 12:30-2:30PM. Register at 432-7622. Renfrew

Hike for Hospice Palliative Care, May 2, 1-3PM. Info/sign up: 267-6400 x28 or rebeccab@chsc.ca. Conlon Farm, CP

Food & Wine Gala, May 3, 6-9:30PM. \$10, \$50/6, at The Miller's Tale, Shadowfax. www.therapeuticriding.ca Almonte Civitan Hall

Spring Into Fashion!, May 3, 7-9PM. \$10; \$5 for under 13s. 264-8627, Drummond Central School, Perth

Green Drinks, May 4, 5:30-7:30PM. www.greendrinks.org. The Crown Pub, 71 Foster St. Perth 267-4500

The Truth about Teenage Suicide, May 5, 7PM. Panel discussion & questions. Lanark County Mental Health. PDCI, Perth

Birding with Roger Byrd, May 8, 7:30AM-9:30AM. Birding walk, \$12. Reserve at 256-0228. The Herb Garden, Almonte

Carp Farmers' Market Opening, May 8, 8AM-1PM. www.carpfarmersmarket.com

Perth Farmers' Market Opens, May 8, 8AM-12PM. The Crystal Palace, Perth

Franktown Run, May 8, 9:30AM-1:30PM. 283-5089. Register: www.eventsonline.ca/events/franktown

EcoWellness Open House, May 8, 11AM-3PM. Free activities, talks, BBQ. 839-1198, 2386 Thomas Dolan Pkwy, Carp

Mayan Code Study Group, May 10, 8:30-10:30AM. 256-0216, www.lillywhite.ca. 237 Christian St. Almonte

Women's Business Group, May 11, 7:30AM-8:30AM. www.wbgroup.ca. Buster's Bar & Grill, 515 McNeely Dr. CP

Cooking on a Dime, May 13, 9:30AM-12:30PM. Cook and Eat Together. Free. Register at 259-2182. North Lanark Community Health Centre, Lanark

Carleton Place Farmers' Mkt Garage Sale, May 15; **Home Party Day**, May 29. 8AM-12PM. www.cpfm.ca. Beckwith St./Lake Ave. CP

Smiths Falls Farmers' Market opens, May 15, 8AM-1PM. www.smithsfallfarmersmarket.com, Main St. Smiths Falls

LAWS Woolstock Fun-raiser, May 15, 8AM-4PM. Lanark Animal Welfare Society shelter, 253 Glenview Rd. Smiths Falls

Almonte Farmers' Market opens, May 15, 8:45AM-12PM. www.almontefarmersmarket.ca. Almonte Public Library

Earth Changes Talk, May 15, 10AM-2PM. Geologic changes, the Mayan Calendar. \$25, 256-9393. Mill of Kintail, Almonte

Straw Bale Open Houses, May 16, 10AM-4PM. For \$10, visit straw bale homes in ON. www.osbbc.ca/annual-home-tour.

MVFN Spring Gathering, May 20, 6-10PM. Adirondack Park comes to Lanark County. \$20. 256-2706. CP Curling Club

Herb Garden Open House. 3PM free workshop "Planting Your Herbs". 256-0228. The Herb Garden, Almonte

Franktown Lilac Festival, May 22, 8AM-7PM. Pancake Breakfast, bake sale, BBQ. 257-1539. Centennial Hall Franktown

Plant Sale, May 22, 8:30-11AM. Westport Library

Plant Sale, May 22, 9AM-12PM. Local perennials, books, etc. Proceeds to Stephen Lewis Foundation. Almonte Old Town Hall

Westport Farmers' Market Opens, May 22, 9AM-1PM. www.westportfarmersmarket.ca 43 Bedford St., Westport

Ladies' Night, May 24, 6:30PM-9PM. Speaker: Lilly White on how to live a healthier lifestyle. Code's Mill Inn, Perth

Red Hat Ladies Queen's Luncheon, May 26, 12-2PM. Red Hat Queens & their guests welcome. RSVP: 253-2167. CP

MM Chamber AGM, May 26, 6-8PM. Reports & elections. www.mississippimills.com. The Barley Mow, Almonte

Breakfast With Soul, May 28, 8-9AM. www.lillywhite.ca. \$5, Register at 256-0216. 237 Christian St. Almonte

New Energy Circle, May 29, 9AM-12PM. No charge. Register: 256-9373. 403 Bennies Corners Rd. Almonte

Wine'd Around Downtown, May 29, 1-5PM. 7 venues to sample different food & wine. \$20. 257-3822. Carleton Place

Chicken & Rib Night, May 29, 5:30PM. Fundraiser for Westport Library. \$15, from 273-3223. Westport Legion Hall

Humm Bits:

Calling All Former CPHS Music Students

Brad Mills, who has been teaching music at Carleton Place High School since 1984, is organizing a reunion for former music students on Saturday, June 19. If you played in the band, sang in vocal class or performed in the musicals and would like to get together with some of your fellow musicians, this is your opportunity. Contact Brad at <b.mills@ucdsb.on.ca> to register your interest. More details will be forthcoming in the June Humm.

Summer MMMusicworks

Mississippi Mills Musicworks is excited to present a summer band camp in July and August for music students who love playing brass, woodwind and percussion instruments with their friends. Three sessions, each two weeks long, will have young musicians learning new tunes and skills and keeping their band chops up over the summer. Performance opportunities will also be part of the package. Call Kathryn for more info at 256-7464 (SING) and stay tuned for the June issue of *theHumm*... more juicy summer fun details to come, including rock opera camp

MERA Summer Art Camp for Children

Looking for something creative and enjoyable for your children or grandchildren to do this summer? Consider enrolling them in MERA's Art Camp for children aged five to twelve at the Heritage Schoolhouse in McDonalds Corners. The camp runs from Monday, July 19, to Friday, July 23, from 10AM-3PM each day, and this year's focus is on shapes.

Talented artist Janice Ling, the camp's director, joins with MERA's potter Molly Forsythe to create a project every day using a different medium. Children will be exploring shapes and using them in the day's project, which will include stained glass making, paper folding, pottery, painting, and futuristic building design. Games and other activities are also built into the day's routine.

The camp is moderately priced and includes all art supplies. Children should bring sunscreen, lunch, snacks and a big smile. And wear clothes that can get dirty! Before- and after-care can be arranged, and a subsidy may be available.

Many young artists come to the camp every summer. "Our grandchildren, Lara (eight), and Mia (six), loved last year's MERA Art Camp and will be returning this year for the third time," says Gloria Shoebridge. "Not only do they learn a lot of different styles of art creation, but the show for the parents at the end is a wonderful confidence booster for them."

Camp director Janice Ling is a visual artist specializing in co-coordinating arts and cultural programs for organizations such as MERA and the International Language Program, and for schools. To register, email <meraschoolhouse@bell.net> or phone Hilary Barrett at 278-0388.

Classic Murder Mystery on Stage in Perth

It is the world's longest-running stage production, performed continuously in London for the past 58 years, and seen by over ten million people. This May, Agatha Christie's murder mystery classic, *The Mousetrap*, makes its appearance on stage at the Studio Theatre in Perth.

The Mousetrap began its long life in 1947 as a response to Queen Mary's request for an Agatha Christie play in celebration of her 80th birthday. It started out as a short BBC radio thriller called *Three Blind Mice*, was subsequently written as a short story, and finally a full-length play. The name of the play was changed to *The Mousetrap* because of a conflict of titles with another author's work, and it was written with the proviso that the short story not be published as long the play ran in West End London. While *Three Blind Mice* was published in 1950 in the United States, it has still not been published in the UK. Nor can a film adaptation be made until the West End production has been closed for at least six months. Needless to say, to date there is no film adaptation anywhere.

Part of this play's success, of course, is due to the writer Agatha Christie, who in 1962 was named by UNESCO as Britain's most widely read author, beating out even Shakespeare. As the creator of such characters as Miss Marple and Hercule Poirot, Christie became the most famous "whodunnit" writer of all time.



David and Patricia Parry in rehearsal for *The Mousetrap*

The Mousetrap is your classic country-house murder mystery, complete with an opening scream and the voice-over of a radio announcer revealing that a murder has been committed. Clues suggest Monkwell Manor, the setting of the play, will be the murderer's next stop in his or her quest for revenge. Of course, there are further murders, and the killer is revealed only in the final moments of the play. *The Mousetrap* is a delightful combination of drama, comedy, suspense and plot. And woe betide the audience member who goes out and discloses who the murderer is.

Studio Theatre Productions' award-winning director David Parry is well-suited to take charge of this genre of play. Born in England, he understands the British idiom and the prototypes he must deal with in the script, and has assembled a talented cast of old and new members from **Studio Theatre Produc-**

tions. The cast includes his wife, Patricia Parry.

While this combination could prove a problem for some married couples, it is not so for the Parrys. It is not the first time the situation has arisen and they accept its challenges. Says Patricia, "I think that's what we try to do with directing and acting. Just support each other; just be an actor or director."

The Mousetrap plays May 20-22 and 28-30 at 8PM and May 23 and 30 at 2PM, at the Studio Theatre. Tickets are \$18 in advance (\$20 at the door) and are available from Shadowfax (1-800-518-2729), The Book Nook and the Bookworm in Perth. For further information call the theatre office at 267-SHOW (7469) or you can check out the new website <studiotheatreperth.com>. The Studio Theatre is located at 63 Gore Street East, overlooking the Tay Basin.

Stone Cottage B&B

- * 3 bedrooms/3 baths
- * open year round
- * pets welcome
- * steps to shopping and dining
- * rent by the day, weekend or week

www.rothwellstonecottagebb.ca

slipcovers

- * custom tailored slipcovers
- * bedding accessories
- * quilted throws for sofas or beds

by commission or visit the Westport Studio Tour

www.artatwork.ca/slipcoversandmore/

Visit us on the Dandelion Gardens Studio Tour
May 22-24
15 Main St, Westport, 613-273-3081, stonebb@rideau.net

Stillwater
BOOKS & TREASURES

A friend is one who knows you and loves you just the same.

— Elbert Hubbard

31 Main Street in Westport
613-273-2727
www.stillwaterbookstore.com

Almonte Massage and Physiotherapy

118 Water St, Almonte 613 256-6048
(Across from the Old Town Hall)

- ❖ Therapeutic Swedish Massage
 - ❖ Deep tissue Massage
- ❖ Thermal Palms
 - ❖ Hot Stone Massage
- ❖ Vodder Lymph Drainage
- ❖ Myofascial Release

Kim Narraway R.M.T Bridget Ballantyne R.P.T.
Sharon Hopper R.M.T. Jenny Payne R.M.T.
Craig Oldman R.M.T.

We are pleased to welcome Jessica Kennedy R.M.T. to our team of therapists

Gift Certificates available for Mother's Special Day

appointments available Mon-Fri 9am-8pm Sat 9am-3pm

Lessons from the Bee Yard

While bees have been revered since ancient times, recently these winged bearers of sweetness have again captured our collective imagination. In the complexity of our lives, we seek out things that are natural, and that aid in keeping us in communion with the world beyond a technological and increasingly impersonal existence. We are often reminded of the role of the honey bee as a critically important pollinator, but they also fascinate us because we sense they may offer some guidance for the challenges of our times.

When I was a child, my mother told us stories of relatives who kept bees. Grandma Ryan was the beekeeper, and remnants from those times still stood in the old honey house that I passed each day on my way to school. For me, the honey house standing idle, and a bit dilapidated, represented the "olden days". Bees and beekeeping were not a part of my world in the 1950s. Although I was raised in an agricultural community, I never knew or heard of anyone who still kept

bees. So what might have gone on in this mysterious old honey house was deliciously left to my childhood imagination.

My first real encounter with bees was when I lived in Zimbabwe, Southern Africa, where a friend farmed on the edge of the Vumba Mountains and kept bees. On a visit to her place, she invited me to help out with the bees. I was not scared of getting stung and soon discovered that I was capable of the quiet, focused attention required to enter the bees' space. The experience fostered the notion that I too might one day keep bees.

On my family's return to Canada, I visited a friend at her Québec farm and she encouraged me to try the beekeeping arts for myself. She even sweetened the deal by selling me some used equipment and telling me what to do next. My brother had just bought a farm in Lanark County, so I had a place to keep the bees while I lived in the city. I signed up for a weekend beekeeping course at the University of Guelph and ordered my first batch of bees, which arrived in late spring.

That was ten years ago. Since then I've developed a reasonable foundation of beekeeping knowledge. More importantly, I have forged a deeply nourishing and healing relationship with the bees. I began beekeeping when I was recovering from the death of a child and the end of my marriage. The first gift of the bees was to help me gradually reconnect with the sweetness of life.

Along with my own personal journey, the public has recently become more aware of the importance of bees now that massive numbers of bee colonies are disappearing. Research points to a number of different factors contributing to what is called "colony collapse disorder", but the bottom line is that these precious creatures on which we depend are struggling for survival. We sense that the bees have things to tell us — perhaps solutions to the problems that are besieging them and increasingly undermining our own well-being.

As I've lived and worked with the bees, my own understanding of their message has grown. What I call "lessons from the bee yard" fall into three main categories: stewardship, presence and community. Around these themes I've developed a two-day workshop that provides people with the opportunity to learn more about the bees and beekeeping, and to make their own individual connection with the bees. The workshop helps develop the capacity to be still and to learn with all the senses. The workshop will include teaching, hands-on experience of the bees and exercises to nourish connection to the natural world.

For more information visit www.madelinedietrich.com or call 852-4072.

— Madeline Dietrich is a professional psychotherapist who draws deeply on her experience of nature in working with clients.



Madeline Dietrich is offering a workshop entitled "What The Bees Know", on June 18 & 19 from 9-5 each day, at the New Life Retreat in the Lanark Highlands



ed jenkins 613.256.6969

refreshing landscapes

designing and crafting inventive spaces for people and plants

Ferraro Art Workshops

June 28–July 2, kids' classes for 6–10 years old

June 5–July 9, kids' classes for 10–14 years old

July 12–July 16, Intro to pastel — landscape at the Haliburton School of Fine Art

Sat. July 24 & Sun. July 25, Intro to pastel – 2-day workshop in the studio

to register, or more information (613)839-5241 • margferraro@xplomet.ca or www.ferraro-art.com

Annual Open House
Sat, May 8th, 11am–3pm

Activities include:
tea tasting, kids' yoga and nature walk, practitioner demos, free talks, bbq and more!

Carp Ridge EcoWellness Centre
2386 Thomas Dolan Pkwy (at Carp Road)
613-839-1198
www.ecowellness.com

Red Trillium Studio Tour

8th & 9th May 2010
10AM–5PM

33 Artists and Gardens in 12 locations throughout the lovely countryside of West Carleton • 15 minutes from Kanata

Check out our website for maps, a copy of our brochure and information about our artists.

www.redtrilliumst.com
613-839-2793

Healing Grounds & Sanctuary

A Sacred Space To Discover Your Essence


Counselling
Spiritual Guidance
Crystal Singing Bowls
Labyrinths
Meditation
Energy Therapies
Reflexology
Workshops
Certificate Instruction
Extended Health Coverage


613-839-0336
www.HealingGrounds.ca

Lower your rates, not your standards.

(Discounts up to 30% on car insurance.)

Switch to State Farm® and you could save big with one of our many discounts. Hurry in (but don't speed).


Ian F. McBain, Agent
114 Beckwith Street
Carleton Place, ON K7C 2T4
Bus: 613-257-5163
ian@ianmcbain.ca



LIKE A GOOD NEIGHBOUR, STATE FARM IS THERE.

statefarm.ca

Burnstown's Affair of the Arts Moves to June

The annual Affair of the Arts, traditionally held in Burnstown on the last weekend in May, is jumping ahead to June this year. This year, on the weekend of June 25, 26, and 27, the village of Burnstown will be alive with the arts, fine food, music, and gifts galore, all designed to enchant you and your friends. During the New Affair of the Arts, Burnstown will be the host to some varied and remarkable artists and artisans. As usual, local artists will also be showcasing their work and conveying their love of what they do. The magic of creation is fas-



inating and intriguing. Come out to Burnstown, indulge your curiosity. Stores and businesses in the village will be open during regular hours until then. Visit <www.burnstown.ca> for more information.

Youth-led Coffee House — Films and Local Talent

Young people in Almonte are showcasing their creativity and social consciousness. A group of students from Almonte & District High School were interested in violence in relationships and how that violence affects mental health. This interest led them to apply for and receive a grant from CHEO's Dare to Dream Program. The grant supports an exploration of the issue through creating short films.

The group's process has been informed by their own experiences and creativity, as well as a local summit on dating violence *Where is the Love?*, the workshop *Man Talk: engaging men and boys in ending violence against women*, and a workshop on power and mental health at TYPS, Almonte's youth centre.

The films will make their debut on May 28 at Almonte's Old Town Hall beginning at

7PM. Local youth, aged 12 and older, are invited to contribute to this coffee house/film showcase. If you would like to contribute a performance of art, music, poetry/spoken word, or a piece of visual art that explores mental health and/or relationships, contact Julie at 256-8485 or <julie@typs-youthcentre.org> by May 19. Join us and experience the vision and originality of the Mississippi Mills community.

We're sorry
we got a little behind
in our orders...
Lia backed into the meat grinder.

Don's Meat Market
126 Mill Street, Almonte 256-6801

Pick up *theHumm* in Carleton Place at
SRC MUSIC

Make your Mother's Day

Carmelized is proud to offer Reflexology as part of our growing list of services.

For the month of May, mention this ad and receive \$10 off Reflexology at **Carmelized**. Almonte's newest source of relaxation & rejuvenation.

Just in time for Mother's Day.
(We're sure she'll be tickled)

REjuvenating TReatments for **BODY & SOUL**
carmelized

168 Victoria Street . Almonte
613.256.7797 www.carmelized.ca Gift Certificates Available

THE COVE COUNTRY INN
Four Seasons Resort
WEDDINGS • CONFERENCES
DOCKING • LIVE ENTERTAINMENT
DINING • ACCOMMODATION
WESTPORT-ON-THE-RIDEAU
613-273-3636 • 1-888-COVEINN
www.coveinn.com

Est. 1876

May 14 • Blues on the Rideau
Blackburn 555, 7-11PM
May 1, 8, 15, 22, 29 • Ben San Pedro (piano) with singer Terry Cowan
May 7, 21, 28 • Cuban Guitarist Mario Franco & Son 6-9PM
May 20, 27 • Jazz Nights

LCT **Lanark Community Transit**

Commuting between Carleton Place and Ottawa?
Service starts Monday May 3rd
Park and Ride at the Carleton Place Arena

INTRODUCTORY SPECIAL!
For the month of June all monthly passes are on sale at **50% off**.
Reg. \$260 Now on Sale for \$130 including a monthly OC Transpo Pass.
Prerequisite-You must hold a valid OC Transpo issued ID Card, and you must submit an application to LCT.
10 Trip Passes Reg. \$75 Now on Sale for \$60.
Tickets available at the arena, pool and at 103 Judson behind library

Application details are on the web
www.lct-thegreencorridor.com
Application deadline May 18 for June passes

DAY TRIP PASSES
\$10 each way (must have exact change)
to and from Ottawa, see website for schedule

Check our website for updates on schedules, stops and ticket info
www.lct-thegreencorridor.com

"Cheaper than a car by far..."

The Bus Stops Here

It's time

Reid Gardens

SPRING HOURS: Monday through Friday 9am to 6pm
Saturday & Sunday 9am to 5pm
142 Pick Road Carleton Place 613-253-3467

Big Band Begins The Beguine in Perth

One of the most famous of swing era tunes, Artie Shaw's *Begin the Beguine*, serves as the inspiration for a big band extravaganza taking place on Friday, May 14, at 7:30PM at the Civitan Hall, 6787 County Road 43 in Perth. Lovers of both ballroom and swing dancing will have plenty of opportunities to kick up their heels on the dance floor.

Swing dance lessons, a silent auction, tasty treats and more will be featured as one of the Ottawa Valley's most popular musical attractions, Almonte-based big band Standing Room Only, plays hours of vintage favourites from the likes of Duke Ellington, Glenn Miller, Benny Goodman, the Gershwins, Ella Fitzgerald and Frank Sinatra.

The "Begin the Beguine" Dance Evening gets underway at 7:30PM with an hour-long swing dance lesson taught by world-class instructors from the award-winning **Swing Dynamite** troupe <www.swingdynamite.com>, who have been seen by thousands at such venues as The National Arts Centre, Casino du Lac

Leamy and The Chateau Laurier, as well as on MuchMusic and at Canada Day Festivities on Parliament Hill.

Standing Room Only will then take the stage and perform for three hours such favourites as *Fly Me to the Moon*, *The Lady is a Tramp*, *Pennsylvania 65000*, *Moonlight in Vermont*, Patsy Cline's *Crazy*, and *Route 66*.

Tickets are only \$25 (which includes the swing dance lesson), with proceeds going to benefit both the Civitan Club of Perth and Ontario's newest professional summer theatre company, Perth's Classic Theatre Festival.

Standing Room Only!

Standing Room Only is known for its very popular monthly tea dances held in the Almonte Old Town Hall, a magnet for the area's ballroom and swing dancers for the past four years. The band plays for other public and private functions in Almonte as well, including the Puppets Up! International Puppet Festival, the Young Awards Gala, the Mayor's Champagne

Gala, and the Mill of Kintail Birdhouse Auction. The band also plays for functions in Ottawa and the surrounding area, including the Ottawa Swing Dance Society's Friday evening dances, Spencerville's A Country Christmas Remembered Swing Dance, and the monthly JazzWorks Jams (for which it has played the role of host band).

On May 14, Standing Room Only will be joined by vocalist Sandy Faux. Sandy moved to Ottawa about a year ago from Toronto, where she was a fixture on the local jazz scene. Since then, with her professional and personal approach to the standards, she has established herself as a fixture on the Ottawa jazz scene.

Classic Theatre Festival

For Laurel Smith, Artistic Producer of the Classic Theatre Festival <www.classictheatre.ca>, the big band evening is a natural fit, since her company produces hits from the golden age of Broadway and the London Stage, a time frame that mir-



Standing Room Only headlines a "Begin The Beguine" Dance Evening in Perth on May 14. Proceeds will benefit the Perth Civitan Club and the Classic Theatre Festival.

rors the rise of modern jazz and swing music.

"Our summer shows, *Blithe Spirit* and *The Voice of the Turtle*, are both products of the Second World War, so a lot of the timeless tunes you will hear on May 14 were big hits during the time when these plays were first staged," she says. "The Classic Theatre Festival presents plays that have real staying power all these years later. So does the music of the era. You can see

that in the smiles on people's faces when they hear Standing Room Only. What's great about the versatility of the band is the way they also handle more contemporary tunes like *Crazy* and the great theme from The Pink Panther movies."

Tickets for the benefit evening are available by phone at 1-877-283-1283 or in person at Tickets Please at Jo's Clothes, 39 Foster Street in Perth. A limited number of tickets are available.



Calabogie Year Round \$499,900



253 Acres with Waterfront in Lanark \$289,900



Dalhousie Lake Year Round \$334,900

Kellys' Success Tip of the Month:

Choosing waterfront property requires much more consideration than many other types of residential properties. This is when a Realtor with special knowledge of waterfront real estate is critical to finding the right property and organizing a smooth transaction. Details such as well and septic, land ownership, water and soil quality, building and zoning restrictions can affect your enjoyment of your property and affect current and future resale value. We know what to look for when viewing a waterfront property and what to investigate before a purchase. Whether you are interested in a luxury estate property or vacant land; benefit from knowledgeable representation and avoid costly mistakes.

Visit www.waterviews.ca to find more information on these waterfront properties for sale and more information on investing in waterfront property.



Jennifer Kelly

SALES REPRESENTATIVE

Sutton

Premier Realty (2008), Ltd.,
Brokerage

www.kellysuccess.com
www.waterviews.ca

(613)254-6580

Patrick Kelly

SALES REPRESENTATIVE

Introducing Diane Sullivan

Arabesque

a fusion of european & oriental with canadian traditions

motifs which suggest the continuity & beauty of life...

bittersweet
FINE CRAFT & ART
5 Leckie Lane · Burnstown
Presently open weekends 11 to 5PM
Soon open every day beginning May 24
613.432.5254
www.burnstown.ca/bittersweet

Pick up *theHum* in Westport at the
GALLERY ON MAIN

Spring is for the birds!

MACLEAN·YOUNG
PICTURE FRAMERS
89 Mill St., Almonte + 256-4681

Celebrating 20 Years in business!

Theatre News In Our Area

Spring into the Theatre!

Well, things certainly are happening at Perth's Myriad Centre in the Old Perth Shoe Factory on Sherbrooke Street this May — the **Orion Theatre Company** presents the musical that rocked Off-Broadway a few years ago: *RENT*. The show opened on the 22nd of April and continues on May 1 at 8PM and May 2 at 2PM. Get your tickets for \$25 by



by Ian Doig

calling 267-9610. There is limited reserved seating, so please phone ahead with a credit card. Patrons are advised that the production contains strong language and mature themes, and is not recommended for children.

Next up are the young performers of the **Perth Academy of Musical Theatre** with the quintessential high school musical, *Grease*, on May 13 to 15, followed by a new adaptation of Shakespeare's *As You Like It* in partnership with the Stratford Shakespeare Festival on May 28 and 29. Both shows are at 7PM in the Myriad Centre and tickets are \$8 each, available by calling 267-9610.

Meanwhile, BarnDoor Productions' producing director **David Jacklin** is digging deep into the vaults to revive a one-man show he first performed thirty-three years ago! In observance of the 100th anniversary of the passing of humourist Mark Twain, David's tour-de-force

production, *Mark Twain's Patent Scrapbook*, will see the lights once again. The show is a two-act romp through Twain's life, writings and ramblings, and will be presented for one night only on May 21 at St. James Anglican Church Hall, on Edmond Street in Carleton Place, at 6:30PM, with a cash bar and "appropriate Southern appetizers" being served. Tickets are available from the Information Centre, Gallery and Gift Shop at the Old CPR Station in Carleton Place (257-2031), or by calling 267-1884.

Currently, **BarnDoor Productions** is casting its summer production. *Dark of the Moon* is a haunting, musical, mystical and romantic story of forbidden love in the hills of Tennessee. There are roles for all kinds of people, but especially for late teens and early twenties. Contact David Jacklin at <djacklin@superaje.com> or 267-1884.

And over in Carleton Place, the **Mississippi Mudds** are holding early auditions for their

fall production of *Nunsense — The Mega-Musical* on Saturday, June 5 from 9AM-4PM at Carleton Place Town Hall. Audition for a lead role, supporting role or chorus. This time the Mudds are also allowing group auditions (from 2-5 people) for chorus parts. The show will be performed from December 3-11. For more information, visit <mississippimudds.ca>.

The Perth Community Choir
is holding their AGM
May 26, 2010, 7PM
at the P.D.C.I. Library,
13 Victoria St., Perth
Highlights for the fall production of *Sweeney Todd* will be presented. Audition dates will be announced at the meeting.
For information contact:
Jeanne 613-264-1478

THE GRANARY
BULK & NATURAL FOODS
EST. 1978

Corn Gluten Sugar Nuts Milk

Dietary Restrictions?
We will work with you to find the alternatives, information and support you need to create healthy, tasty meals.

New products arriving regularly
Special orders made weekly

Experience the Difference
107 Bridge Street, Carleton Place, ON, K7C 2V4
phone/fax: 613-257-5986 email: info@granary.ca
Open Mon, Tues, Wed & Fri 9-6 Thurs 9-8, Sat 9-5

HollyO.
A Colourful, Exuberant, Uninhibited Artistic Spirit.
May 1st - 30th, 2010
Thurs. thru Sun. - 11am to 4:30pm

31 Main St., Westport www.galleryonmain.ca gallery on main

Hooked on the Lake
(formerly LBM Creations)
Traditional Rughooking Supplies
hand dyed wool, kits, classes

Please visit us at
The Dandelion Gardens Studio Tour May 22-24 in Westport
The New Art Festival June 5-6 in the Glebe in Ottawa
Fairs July 2-4 Confederation Park in Kingston
Beginner classes The Country Quilter in Richmond May 29 and
Quilt and Stitch in Kingston May 30
Contact Loretta Blucher-Moore for a list of upcoming classes and shows
or for an appointment at 613-273-8347 or hookedonthelake@kingston.net

Matching Art to the Artist (A New Game Show)

I've tried, Lord knows how I have tried, however it seems art is not simply slapping paint onto canvas or beating clay into strange and mysterious shapes. There's an art to art. Who knew? Art, it turns out, is difficult. Oh, they may make it look easy. "They"

by Steve Scanlon

being the ones who can actually make something from nothing. "They" being the ones who can take a space and turn it into a vision. "They" being "artists". Admit it, you always wanted to know who "They" were... you can thank me later. I'm kind of jealous of these "They". Am I hiding it well? How dare they be so creative?

As it turns out, there is more to art than the creation of artwork. Art, it turns out, is people. How deep is that? You can tell a lot about an artist by the art they create. I know this is a broad generalization, however I believe that a lot of a person's personality goes into the creative process. Or, maybe it's more appropriate to say art is the artist. The bottom line is, I know a number of artists and I'm fairly certain that, given the opportunity, I could match art to art-

ist; say in a "blind art test". How much fun would that be?

The more I think about this idea the more I like it. We could call it "A taste for art" or, I don't know, maybe "Match the artist to the art... event". We can start our own game-show... "Who Wants to be an Artist?", "Are You Smarter Than a 5th Grade Sculptor?", or "Let's Make a Deal — On That Portrait"? But I digress...

Perhaps I should put this theory to the test? There would have to be rules:

- There would have to be an opportunity to actually meet the artists before the taste test, perhaps over dinner or, at the very least, a few glasses of wine — which they buy.
- No artists named Sybil (multiple personalities would make the process impossible).
- No art made from meat or meat byproduct (unless created by a vegetarian).
- No performing art (unless performed over dinner — or wine).
- No velvet art (let's not make this too easy).
- No self-portraits (for obvious reasons).
- No art made from knives or other implements of destruction (self-preservation).

Okay, forget prime time, but at the very least I'm sure if we blackmailed (I mean, politely asked) the two galleries in town, we'd have ourselves a venue... we can worry about the name later.

Yes indeed, our small village has two (count 'em — two!) galleries. **Gallery on Main** is on Main Street (go figure) and is owned by two fine artists, Guy Cranston and Sharon Fox Cranston. They have a show coming up in May, "HollyO", with artists in attendance on the May long weekend. The show runs from May 1 through to the end of the month. For more information on this and other upcoming shows visit <www.galleryonmain.ca>.

Artemisia is newly located on 7 Spring Street in Westport. They have moved from their original location at 34 Main Street to a wonderful new building full of charm and character (a lot like the owners themselves). Artemisia hosts many local artists and artisans and, with the new location, they will be looking forward to expanding their service area. The three art-

ist/owners of Artemisia — Bonnie McLean, Donna Larocque and Georgia Ferrell — each have their own area of expertise above and beyond the creative process

the **Dandelion Garden Studio Tour** being held in the area from May 22 through May 24, with twenty-eight artists and artisans in nine area studios. Check out

<www.artatwork.ca> for more information on the tour, the studios and the artists.

Buying art, it seems to me, is also about personality. You try to match the piece with the personality of the person you're buying it for or to your own personality. With so many artists and locations to choose from in and around Westport during May and indeed throughout the year, you really can't go wrong, can you?

My theory still

holds. I know that, in a blind art test, I could match an artist to his or her art. No smoke, no mirrors (unless used by the artists). All I need now is somebody willing to test my theory — and buy me dinner. I'm a big fan of surf and turf — just for the record.

— Steve Scanlon lives, works and writes in the delightful village of Westport, and invites you to drop in for a visit at Stillwater Books & Treasures at 31 Main St.



HollyO, who painted the "Island Girls... Lupins P.E.I." above, is the featured artist at Westport's Gallery on Main in May

of their art. Bonnie is an art conservator and restorer, Georgia frames artwork, and Donna can help you with your graphic design and signage needs. Check out their website for more information and upcoming events at <www.artemisiaartgallery.com>.

Come to Westport, take in the two (yes, count 'em — two!) galleries and if you make it to town in May you can also take in

Adventures in
Funderland
May 5 - 23

Code's Mill,
17 Wilson St. E.
Perth, Ontario
OPEN DAILY
613-267-3322
groundwaves.ca

GROUND WAVES
FOR HOME & GARDEN

GET IT BEFORE IT DISAPPEARS!

Summer Art Courses for children and adults July 2 to August 1, 2010

NEW THIS YEAR:

adventure painting • jewellery making • box making
singing • drama and dance

Featuring: Week Long Youth Film Camp



Classes at the old Stone School, 28 Mill Street, Portage-du-Fort
For all course descriptions, visit:

www.pontiacschoolofthearts.com
819 647-2291

The **Town of Mississippi Mills** is proud to support

The Art of Summer Festivals



June, Mississippi Mills

30 days of bicycle-inspired events for riders of all ages and abilities: guided rides, art exhibit, tune-up clinic, bicycle films, and more! www.mmbicyclemonth.ca



Celtfest



July 9-11, Almonte

Three days and nights celebrating the Valley's Celtic roots, culminating in music, song and dance in Gemmill Park on July 10 & 11. Admission by donation. www.almonteceltfest.com



Naismith 3 on 3 Basketball Festival



August 7, Almonte

The largest 3 on 3 tournament in Eastern Ontario welcomes elementary and high school as well as ladies' and men's teams. Register online or come watch the fun! www.naismithmuseum.com



27TH NORTH LANARK HIGHLAND GAMES



August 21, Almonte

Join the North Lanark Highland Games as they celebrate the Centennial (1910-2010) of the Canadian Navy with pipe bands, dancers and athletes. www.almontehighlandgames.com

Pakenham Fiddle & Stepdance Competition



June 18 & 19, Pakenham

Friendly, historic Pakenham's community volunteers will provide over 200 fiddlers and stepdancers a competition with prize money valued at over \$15,000. www.fiddleanddance.com



July 16-18, Almonte

Don't miss the 152nd Fair, featuring Gail Gavin, demolition derby, midway, livestock & homecraft, and great family entertainment. www.almontefair.com



International Puppet Festival

August 7 & 8, Almonte

Ten terrific puppet troupes from Canada and the world perform in tent theatres, while on the street you'll find musicians, clowns and a puppet parade! www.puppetsup.ca



September 11 & 12, Almonte

A two-day festival of the Fibre Arts! \$5 admission includes demonstrations, vendors, quilt exhibit and textile appraisal fair. www.textilemuseum.mississippimills.com



For more information, please call 613-256-3881, or visit or visit www.mississippimills.ca